# Feature

The inevitable cessation of existence • 12



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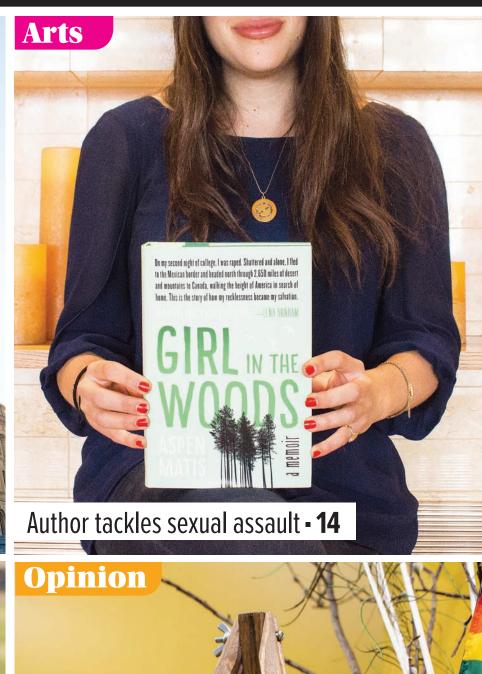
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THE

Alberta budget announcement - 3









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PHOTO OF THE WEEK Shots like this are considered "fated."

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# Alberta Budget 2015



BUDGET BREAKDOWN Alberta Minister of Advanced Education Lori Sigurdson will conduct a two-year review of the Campus Alberta grant funding model.

#### **Richard Catangay-Liew** NEWS EDITOR - @RICHARDCLIEW

With lines of red ink and a splash of orange, the Alberta NDP government unveiled their 2015 budget with the largest deficit in the province's history.

Finance Minister Joe Ceci tabled the budget on Oct. 27, 2015, just eight months after the previous Prentice government announced a \$1.1 billion surplus. The Notley government budget reports a \$6.1 billion deficit.

"This budget lays out a responsible economic plan that will serve as a shock absorber for our short term challenges and grow the economy over the long term," Finance Minister Joe Ceci said.

One of those long-term goals includes post-secondary education.

In March, former Finance Minister Robin Campbell announced that the Campus Alberta grant would be slashed via a "phase-in" process, diminishing by \$28 million (1.4 per

cent) in 2015–16 and by \$60 million (2.7 per cent) in 2016–17. The new budget will reverse the \$28 million funding cut to post-secondary institutions.

\$228 million will be budgeted for Student Aid programs, including \$83 million for merit based scholarships and \$53 million in grants - similar to the \$227 million the Tories budgeted earlier this year. \$579 million in student loans will also be provided for 77,000 students in 2015-16, the same amount the PC government promised as well.

The budget will also instill a twoyear tuition and non-instructional fee freeze, where the two fees will remain constant over that span. The government will review the overall funding model for the Campus Alberta grant during the two-year period. Minister of Advanced Education Lori Sigurdson, who will be conducting the funding model's review, said she's looking forward to next two years.

budget as a government and I think it demonstrates very clearly how much we're committed as a government to invest in post-secondary education and making sure the sector is stable," Sigurdson said.

#### "Overall, we're pretty happy and it's just reinforcing that this is a long-term priority for the government."

DYLAN HANWELL VICE-PRESIDENT (EXTERNAL), STUDENTS' UNION

In his budget address to the Alberta Legislature, Joe Ceci said the NDP government is restoring funding to the post-secondary sector, as education "is the single most important investment our province can make."

"It means that university and col-

year tuition freeze – a big relief from planned increases that would have made post-secondary education even harder for ordinary families to afford," Ceci said.

University of Alberta Provost and Vice-President (Academic) Steven Dew said he was "pleased" with the budget announcement. He said the university submitted a number of suggestions to the Alberta government in a consultative process, one suggestion being stable and predicable funding.

"We're certainly pleased that the budget follows through on all of the commitments and positioning that the NDP government rolled out earlier in their term," Dew said. "This budget follows through on all of that, so no surprises, but very reassuring that the government maintains their commitment to the postsecondary sector."

Students' Union Vice-President (External) Dylan Hanwell said he lege students are able to resume wasn't surprised by the budget, time, so we were happy to see that either. The NDP government's as well."

interim Bill 3, which was announced earlier this year, rolled back market modifier tuition increases for 25 post-secondary programs across the province and initially introduced the reversal of the \$28 million previously cut and the two-year tuition freeze.

"Overall, we're pretty happy and it's just reinforcing that this is a long-term priority and post-secondary is a long-term priority for the government," Hanwell said.

Hanwell still raised questions about the \$1 million annual government grant for student mental health services, which is up for renewal in June 2016. Other than that, the budget appears to be "very student friendly," he said.

"I think it also shows that the government is serious about making sure that tuition affordable," Hanwell said.

"And it's something that we've

"We're very excited, it's our first

their studies benefiting from a two-

obviously been pushing for a long

# Students' Union to create replacement for suspended LHSA

SU President says SU will go forth with representative student body after Lister Hall Students' Association was suspended for hazing incident

#### **Mitch Sorensen**

STAFF REPORTER - @SONOFAMITCHH

The Students' Union is moving forward on plans to create a replacement organization for the disbanded Lister Hall Students' Association.

After a hazing incident involved with Skulk festivities, the Lister Hall Students' Association (LHSA) was suspended from registering as a student group as of May 1, 2014. A two-year suspension will be up after the next academic year, around August 2017. In the interim, the SU

is creating a new organization to take the place of the LHSA.

According to Students' Union President Navneet Khinda at a students' council forum on Tuesday, Oct. 27, the university doesn't agree with the creation of a new group. Khinda said the SU "doesn't need permission" from the university to create the new group, and cited their right as per the Post-Secondary Learning Act (PSLA). Despite concerns that the current nameless students' association will become a "shadow group" of the LHSA, the new group will be the

sole representative student body for Lister Hall, Khinda said.

Although the Dean of Students may not approve of it, Khinda said that the SU is well within their rights to create a new organization

"The SU believes a two-year suspension is punitive," Khinda said. "Right now, there's no voice for students (in Lister)."

Despite the disagreement about the LHSA, Khinda said that relations between the SU and the Dean of Students' remain neutral.

As the groundwork for this new organization is only now being laid, SU is consulting with several leaders within Lister to create the new body. Leila Raye-Crofton, the winner of the last LHSA presidential election, will liaise between the SU and Lister students.

"We already had several initiatives on the go last summer," Raye-Crofton said at Students' Council. "We were a fully functional group at the point we were shut down."

Since that point, LHSA coffers have been cleared out and, according to Khinda, "there is no organization left." Khinda made sure to insist that the new organization would not be a "rebrand" of the LHSA.

"This is an entirely new thing," Khinda said. "I'm not so sure the LHSA will come back in the same format after two years."

Now that the SU has assumed responsibility for the role and finances of the LHSA, Khinda said that a new organization would mean fewer hours spent by the SU on these issues.

"It doesn't have a lot of financial implication with us," Khinda said. "But we spend a lot of time on this. The issues span a lot of portfolios."

# Student-organized orgy coming soon for U of A community

#### Jamie Sarkonak

STAFF REPORTER = @SWAGONAK

The rumours are true: there's going to be an orgy for University of Alberta students..

The location and date of the "sexual mixer" is still tentative, but it will be held on November 13 at one of three tentative locations. It's open to any student of the U of A, as long as they are willing to be screened by organizers.

Gender and sexuality ratios will be kept as close to equal as possible, to make sure nobody feels outnumbered or left out. The group is sexpositive, and said they are accepting of anyone on the gender and sexuality spectra to attend. It's challenging to keep a balance, but keeping relatively equal numbers from all groups is important for the group's comfort, U of A student and organizer Matthew James Hardy said.

"This way they can actually explore and not feel suppressed," he said.

Despite the popular view that only males want to participate in group sex, there's been equal anonymous interest from both men and women. "Slut-shaming" culture tends to make women more hesitant, but there are indeed confirmed female attendees for November's event. There has also been interest from LGBT individuals as well, Hardy said.

"I think there's a significant number of people out there with an interest in group sex," Hardy said. "They just never really take the plunge."

All levels of experience are welcome; the orgy is open to anyone who wishes to explore their fantasies in that context, he said.

The fun and thrill that comes with seeing other couples enjoying themselves in group sex can strengthen one's own relationship, Hardy said. There's also a greater confidence that comes after expressing oneself



GREEN-AND-GOLD GANGBANG? Maybe. If both parties consent to it at an orgy hosted by U of A students.

naked in the presence of strangers, he said. Hardy is experienced with group sex, so he will act as a moderator to make sure rules are respected.

Hardy added that orgy is not a free-for-all; no one has to interact if they don't want to. Guidelines for etiquette, consent, and safety must be followed.

Hardy said he is willing to be the face of the group to help others express themselves without having to face any judgement. Participants themselves can stay anonymous and only need to reveal their names to Hardy himself for security purposes. Names will remain confidential and are mainly used for the screening process, which ensures participants aren't random people who will show up and make others feel uncomfortable, Hardy said. Within the orgy, attendees can remain anonymous or disclose a fake name. Identity security will be taken very seriously, he said.

"Discretion is my number one concern," he said. "I want to give (participants) a safe environment to express themselves in that regard and not have to worry about any peering eyes."

Regarding STIs, there's no way to

ILLUSTRATION BY ANNA CAMPBELL

completely know if an individual is negative since tests quickly become outdated, so Hardy is not requiring participants to get tested. They are encouraged to bring and use barrier contraceptives however. Condoms will also be supplied.

Orgy-goers can bring partners from within or outside the U of A, as long as these partners are also screened. The idea is to make sure everyone is as comfortable as possible — if bringing a friend helps, all the better, Hardy said.

The orgy will start at around 7 p.m. and end around midnight. It's currently undecided whether

alcohol will be permitted and full details will be up to the finalized in the upcoming weeks. Also undecided is the location, which will be either a Fantasyland hotel room, the local lifestyle club 4-Play, or the host's own home. Details will be finalized closer to the date to get the most input from participants.

Hardy is open to answering questions from anyone interested. He can be contacted on Facebook or as "Duraflame" on fetlife.com in the group UAlberta Kink.

The idea in the end is to just help people express themselves in a safe environment, Hardy said.

"I don't like the idea of having to hide what you enjoy just because someone else may find it distasteful," he said.

#### Hardy's orgy guidelines

**1. Safe environment** — Consent must be given for any interaction: participants are not to touch or initiate without first reviving explicit permission. Flirting is not always a sign they're interested in anything beyond the verbal exchange. Coercion is not considered consent, and is thereby prohibited.

**2. Etiquette** — This orgy in particular will be accepting to all types and whatever part of the sexual spectrum they may consider themselves on. Nobody has to interact if they're not interested or comfortable, but basic etiquette expects participants to decline if asked to interact. To join a particular part of the orgy, participants must ask permission. This allows things to run more smoothly. Overt aggression can result in expulsion from the orgy

**3. Cleanliness** — Wipe up any bodily fluids, and dispose of any contraceptives. Participants are guests, and should behave as such.

# Girls' clubs look to bring empowerment, funding to Swaziland, Africa

#### Mitchell Sorensen

STAFF REPORTER - @SONOFAMITCHH

When Cebile Manzini-Henwood stepped onstage for the Victoria leg of her speaking tour, she had no idea that one of the audience members' lives was deeply affected by her.

As head of the Swaziland Action Group Against Abuse (SWAGAA), Manzini-Henwood has overseen the creation of Girls' Empowerment Clubs in Swaziland. These clubs educate girls and young women about gender-based violence, HIV-AIDS in Zimbabwe that had piloted a series of girls' empowerment clubs in that country. Seeing parallels in terms of socio-political makeup between the two nations, Manzini-Henwood adapted the idea for use in Swaziland.

 "Culturally, women (in Swaziland) are viewed as minors. But the constitution recognizes men and women as equal. This causes landlocked nation is 50 years. This means, according to Crossroads' Interim Executive Director Christine Campbell, that many of the girls who come to the clubs have been orphaned, and are often the heads of their families.

"We managed to find a very enlightened and generous donor," Campbell said. "We also found volunteers from Canada to go help them adapt the Zimbabwe program in Swaziland."

An evaluation done by Crossroads showed significant decreases in teenage pregnancy, as well as increased knowledge about HIV/ AIDS transmission and legal rights in schools where the clubs were active.



and their rights under the law.

One of the women in the audience in Manzini-Henwood's speech to Pearson College in Victoria B.C. was a former member of one of these clubs, who had come to Canada to study.

"We work in communities to do work that prevents gender-based violence," Manzini-Henwood said. "We also give services to survivors of this trauma."

Manzini-Henwood has partnered with Crossroads International to bring volunteers, knowledge and funding into these empowerment clubs. As a Canadian-based nongovernmental organization, Crossroads works to bring together other groups in order to share resources internationally, with a special focus on women's rights and sustainable livelihoods for women.

It was though her relationship with Crossroads that Manzini-Henwood was put in touch with a group

# problems for women in public spaces."

#### CEBILE MANZINI-HENWOOD EXECUTIVE DIRECTOR, SWAGAA

Located between South Africa and Mozambique in Africa's southeast corner, Swaziland faces many challenges as a nation. Though it is a monarchy, there is a Westminster-style parliamentary system set in place by British colonizers. At times, the disparities between the social and legal systems are very evident, Manzini-Henwood said.

"Culturally, women (in Swaziland) are viewed as minors," Manzini-Henwood said. "But the constitution recognizes men and women as equal. This causes problems for women in public spaces."

With its 28.5 per cent incidence of HIV-AIDS in adults the highest in the world, life expectancy in the "There were a lot of unexpected positive outcomes aside from pure peer support," Campbell said. "(SWAGAA) became the voice against gender-based violence in Swaziland, and we helped them to scale up."

Manzini-Henwood is currently on a speaking tour of Canada to raise awareness of the issues facing women in her home country, as well as to raise funds to expand the work done by SWAGAA. She spoke at an engagement at Bennett Jones on Monday, Oct. 26, as well as a presentation at the U of A on Tuesday, Oct. 27.

"We want to bring a message of love," Manzini-Henwood said.

"That this is something that must be changed, and changed through love."

EMPOWERING INDIVIDUAL Cebile Manzini-Henwood, director of SWAGAA. CHRISTINA VARVIS





SCRAPPING WITH STUTTERING Jackie Schoenberg and her son, Pearse, have both encountered stuttering.

# \$100K towards fight against stuttering

Edmonton woman donates money to boost program which aided in her struggle with stuttering

#### **Mitch Sorensen**

STAFF REPORTER • @SONOFAMITCHH

When Jackie Schoenberger's twoyear-old son Pearse hadn't started speaking, she was scared, but knew exactly where to go.

Schoenberger, who had a lifelong struggle with stuttering, knew that the team at the Institute for Stuttering Treatment and Research (ISTAR) could get her son the help he needed. After both she and her son received life-changing treatment at the facility, Schoenberger announced last year that she would leave \$100,000 to ISTAR in her will.

"For me it was a no-brainer," Schoenberger said, "It's just a way of honouring people that made a really key role in my life and my son's life."

Though she had been exhibiting signs of stuttering from the time she was five years old, Schoenberger's stuttering only began profoundly impacting her life in adulthood. In her 20s, Schoenberger's stutter became so debilitating that she quit her job in communications.

"I would avoid everything, even saying my name was stressful," Schoenberger said. "I couldn't meet the expectation of perfection I had placed on myself."

Having sought help for her stuttering through multiple unsuccessful avenues, Schoenberger enrolled in an extended therapy program at ISTAR in 1996. Attending sessions twice per week for six months, Schoenberger said that her therapy brought her back to the basics of speech. to relapse. Despite this, ISTAR is part of several ongoing research projects

"I basically learned how to talk again," Schoenberger said. "Talking to people at a party seems so simple to do, but when you are someone who stutters, it can be hard to function in a world based on communication."

Schoenberger said she knew that she didn't want her son held back in the same way she was, and brought Pearse to ISTAR for an assessment. Pearse was diagnosed with apraxia, or an inability to articulate at all.

After receiving therapy at ISTAR, Pearse gained the ability to speak, but began stuttering around age five. Returning to the institute yet again, three years of therapy left Pearce with no trace of a stutter.

Now 14 years old and a junior high school student, Pearse plays multiple sports and is quick to point out the importance of identifying issues like his early in life.

"These things can destroy kids' lives," Pearse said. "If you can't speak, you'll have a really hard time with school, and life in general. So you really need to catch it early."

Holly Lomheim, Acting Director, Clinical Director and clinician at ISTAR, agreed.

"With the little ones, it's great if we can get them while their motor system can be held and managed," Lomheim said. "We can actually reverse the trajectory of stuttering into their teens and adult years."

Lomheim said there is no cure for stuttering, and many patients tend

to relapse. Despite this, ISTAR is part of several ongoing research projects meant to determine several specific aspects of the disorder. Currently, ISTAR is involved in several projects involving brain imaging and genetic studies. These are meant to locate the specific anatomical and genetic mechanisms involved in stuttering.

"We do believe that stuttering is a genetically-based disability," Lomheim said. "We haven't traced it to a 'stuttering gene,' but we're getting closer to finding out the parts of the brain that are involved."

According to Lomheim, one of the main misconceptions about people who stutter is that they are inherently nervous, and may be less capable than others. In reality, the physiological disorder of stuttering causes the nervous symptoms.

"Our brains just don't communicate with our mouths as well as other people," Schoemberger said. "It's nothing to be ashamed of, and in no way indicates lower intelligence or capability."

As International Stuttering Awareness day fell on Oct. 22, Schoemberger pointed to the importance of initiatives like these in getting word out about stuttering.

"It can really affect your soul, you don't become the person you are meant to be when you hold yourself back out of fear," Schoemberger said. "With stuttering, your life is fear. People need to know that world-class facilities like ISTAR exist in Edmonton and that there are places to seek treatment." Are you passionate about building a stronger university community? Take that passion to a superhero-level by using it to make the university a better place for humankind.

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# Halloween marks the end of a season of growth for Wiccans

#### Jamie Sarkonak

STAFF REPORTER **•** @SWAGONAK

An old Wiccan saying says, "What is remembered, lives." The idea of life through remembrance is the backbone of both ancient and modern Halloween celebrations.

Samhain, pronounced SOW-en, is the Wiccan celebration of the last harvest of the year, and the time to consult one's ancestors for guidance. It's a Sabbat, a Wiccan festival aligned with the lunar and solar cycles. The Sabbat of Samhain in particular is about "putting the world to bed," University of Alberta Wiccan Chaplain Samuel Wagar said.

Community Samhain celebrations are all different, but usually include a divination where a Wiccan acts as the Crone Goddess and gives ancestral advice to individuals seeking direction. The evening ends with traditional food and drink: pork, apples and nuts.

Wagar still remembers his first Samhain from his early 20s. He had only recently become Pagan, and attended a community celebration at the Wiccan Church of Canada in Toronto. The ceremony was a divination, where a priestess went into a trance and embodied the Pagan Goddess to give advice, which Wagar had thought of as "very cool."

"I thought it was very moving," Wagar said. "I liked the idea of talking to the ancestors at this time of year. It felt right to me. It also was helpful to break past the normal fear of death ... The idea that the ancestors are available to consult was very heartwarming to me."

Smaller family celebrations closely resemble a typical Thanksgiving dinner. There's a traditional feast for the living, but also a plate and candle lit for the dead at the



WICCAN WITCH Samuel Wagar details what Halloween means for Wiccans.

end of the table.

Samhain also includes the classic dressing up and going doorto-door; it's the parent of today's secular trick-or-treating. Hundreds of years ago, homeowners would treat disguised anonymous figures as temporarily-returned ancestors and give them gifts. Later, for a lot of European descendants, those gifts became candy.

The feeling that goes though people in Samhain celebrations is one of remembrance, Wagar said.

Wiccans reflect on loved ones who have died, and even attempt to communicate with them. This time of year most appropriate, as the late fall is considered by Wiccans to be the time when the veil between the living and the dead is thinnest. Though the ancestors can always be asked for advice, they're believed to be most communicative in this time of the year, Wagar said.

"Death is in the air," Wagar said. "It's a difficult time, especially for people in early agricultural societies."

Historically, the late Fall was a time of foreboding since there wasn't always enough harvest to make it through the winter. Winter was a time of risk and death, especially hundreds of years ago. Daily life has since changed considerably, but rituals still are used to recreate the old experiences, Wagar said.

This time of year opens up the opportunity to talk about the fact that everyone will eventually die, something most people avoid FILE PHOTO - SEAN TRAYNER

talking about on a daily basis. Death is inevitable, so people might as well accept it, Wagar said. The entire process of being alive is much more meaningful if one can understand the beginning and end of it, he added.

"It's good to remind yourself that life is uncertain," Wagar said "You have to be to be in good with your family, your community, your ancestors, and the natural world. And Halloween's a good time to do that."

## **Dispelling breast health myths on campus**

#### Jamie Sarkonak STAFF REPORTER = @SWAGONAK

STAFF REPORTER • @SWAGUNAK

Underarm deodorants do not cause breast cancer, thankfully. And that's just one of the truths that are being spread for Breast Health Awareness Week.

Breast Health Awareness Week is one of the U of A Canadian Breast Cancer Foundation Youth Action Committee's biggest campaigns of the year, with the goal of raising awareness for breast health and fundraising for the Canadian Breast Cancer Foundation. This week, the group is holding a different event to dispel myths about breast health.

One of the more popular myths is that men cannot get breast cancer — they actually can, Ramita Verma, President of the U of A Canadian Breast Cancer Foundation Youth Action Committee, said. Upcoming daily events include Wednesday's "bra pong" in CAB, where players make a small donation to hear a fact about breast health, and then can throw ping-pong balls into bra cups for prizes. Thursday's event is a healthy food sale in PAW, where items are available by donation. To finish the week, there will be free yoga, pink lemonade and swag bags on Friday in PAW; space is limited, so students will be admitted on a first-come-first-serve basis. Every person has to deal with financial, familial and emotional problems, but a breast cancer diagnosis adds an extra dimension of complexity. The diagnosed individual has to take the hardship and balance it with the rest of their life, Verma said. While people can't help



# U of A's SLOWPOKE nuclear reactor facility to shut down

37-year-old research and teaching tool decommissioned

#### Mitch Sorensen

#### STAFF REPORTER = @SONOFAMITCHH

A long-term fixture in the Dent-Pharm building is being removed, as the SLOWPOKE reactor on the third floor is in the process of being decommissioned.

Beginning in 1978, the SLOWPOKE (Safe LOW-POwer Kritical Experiment) reactor produced neutrons for radionuclide production, neuron activation analysis (NAA), teaching, and research. Primarily, the reactor was used to analyze geological findings, as well as mineral analysis processes. Pharm. If anything were to happen, it was designed to shut itself down."

Though the amount of fuel required for such a reactor is extremely small, Babiuk said that the disposal will be handled by the Canadian Nuclear Commission. The same precautions will be taken with the SLOW-POKE reactor's core as with other nuclear fuels.

# • "So though it could have still functioned for a

#### BREAST WAY OF RAISING AWARENESS A CBCFYAC booth in SUB.

the actual problem of having cancer, they can still support someone having these problems by being there to listen, she said.

"I've learned the importance of always trying to be there, supporting the families of the diagnosed individual," Verma said. "Be willing to take their mind off of it sometimes, take them out, do something fun. Try to uplift whatever spirit you can to keep the positive vibes, even though that is a lot easier said than done."

Even though it's more typical to develop cancer later on in life, it's still important to promote breast health and healthy lifestyles to students, Verma said. Habits from university, good or bad, tend to stick for life — using the gym regularly and limiting alcohol consumption all contribute to long-term health. Toxins from unhealthy lifestyle habits in youth build up, and even if a person wants to change lifestyle habits later on, they're still at higher risk for developing disease, she said.

CHRISTINA VARVIS

"(Breast cancer) can have such a widespread effect even though it is a diagnosis on a singular person," Verma said. "It doesn't affect only the person who is diagnosed, but their entire family and friends, everyone they work with." According to University of Alberta Vice-President (Research) Lorne Babiuk, a combination of increased operating costs, reduced power, and redundancy led to the decision made in 2014 to begin the decommissioning process.

"Eventually, it would have had to be decommissioned because of reduced capacity due to radioactive decay," Babiuk said.

"So though it could have still functioned for a number of years, it's not preventing us from doing quality research. We just have other ways of doing it now."

Drawing approximately the same amount of energy it takes to heat the average house, Babiuk said the reactor's presence on campus was never a concern for the university.

"It's extremely safe," Babiuk said. "It's in a fully shielded room in Dent-

#### number of years, it's not preventing us from doin quality research. We just have other ways of doing it now."

LORNE BABIUK VICE=PRESIDENT (RESEARCH), UNIVERSITY OF ALBERTA

"We are part of the Global Threat Reduction Initiative," Babiuk said.

"So we send it to the U.S. for storage and processing, where it is properly disposed of approved by international standards."

Though he did not entirely rule out the possibility of future nuclear infrastructure on campus, Babiuk said there are no plans to make a similar installation.

"That's passe," Babiuk said."We've moved on and there is no pressing need that would make us install a new one."

# **University of Calgary sued by SU**

U of C SU "confident" they will win legal battle over ownership of MacHall



EXQUISITE BOYS Here is a photo caption.

#### Fabian Mayer THE GAUNTLET - UNIVERSITY OF CALGARY

National University Wire — The University of Calgary Students' Union is suing the university iver ownership of MacHall. The SU served the university with a statement of claim. which aims to establish the SU as majority owners of the building, on Oct. 21.

Both sides claim ownership of MacHall, citing clauses in various past agreements and documents as proof. In an Oct. 14 open letter, SU president Levi Nilson called on university president Elizabeth Cannon and Board of Governors chair Bonnie DuPont to intervene in the dispute.

Nilson said they decided to serve the lawsuit after an Oct. 19 public letter from DuPont reiterated that the university is unwilling to negotiate over the legal ownership of MacHall.

Nilson is confident the SU will win a legal battle.

"I think we have a really strong

case," Nilson said. "We've been waiting to be proven wrong for two years and we haven't gotten anything."

The university has 20 days to file a statement of defence with the Court of the Queen's Bench, Provost Dru Marshall is the lead negotiator for the university. She has said the university has 50 years of documentation supporting its ownership claim, but has not provided either the Students' Union or the Gauntlet with those documents.

Nilson said he would be surprised if the university actually had such evidence.

"We'll see what their statement of defence has," Nilson said. "We're still willing to talk about ownership anytime, even though we've served them.

"We hope it encourages them to show those 50 years of documentation they're always talking about."

Marshall is disappointed with the SU's decision to pursue legal action.

"The university's priority has always been to create a great experience for all students on campus and we want MacHall to continue to be a focal point of that experience," Marshall said in a statement. The university will not provide further comments on the dispute while the matter is before the courts.

The SU took their ongoing MacHall dispute with university administration public in September after an initial negotiating session went poorly. The two sides exchanged open letters since then, but have not returned to the negotiating table.

While Nilson is still hopeful the dispute can be settled out of court, he believes the SU currently has no choice but to sue.

"We've exhausted all (options) over the last two and a half years. We've done literally all we can," Nilson said.

University administration believes the 1999 operating agreement that identifies the university as the sole owners of MacHall substantiates their claim, while the SU points to the original 1969 building agreement that gives them 55 per cent ownership of the building.

MacHall is the student centre at the U of C, and the revenue generated by the building's tenants is currently allocated by the SU to student services. They claim to have invested over \$19 million into the building over the past 60 years.

Nilson said the SU is not willing to give up on ownership because of these investments.

"It's what students deserve and I think it would be a shame and a huge disservice to students if it wasn't something we pursued," Nilson said.

# **UBC lobbies province to** kill domestic tuition cap

#### **Moira Warburton**

THE UBYSSEY = UNIVERSITY OF BRITISH COLUMBIA

National University Wire - The university is continuing to lobby the provincial government to remove the cap on domestic tuition that was implemented in 2005. The cap prohibits domestic tuition increases of more than 2 per cent a year.

The last time the cap was removed in 2002, domestic tuition almost doubled in three years until the cap was put back in place.

According to the UBC Operating Budget presentation to the Board of Governors in April of this year, the long-term sustainability of the university requires flexibility from government on such things as domestic tuition and program fees.

Although the government reinstated its commitment this year to maintaining the cap for the foreseeable future, the issue of a lack of funding still remains for the university.

"The domestic tuition cap is a challenge for the sector," UBC Interim Provost Anji Redish said in an email statement.

"It has limited our ability to raise the necessary revenue needed continue delivering high to quality university education. It is especially challenging in the face of increasing operating costs and inflation, and a mandate from the province to maintain a balanced budget at all times."

The issue is that, while the ability of the university to gain revenue from domestic tuition has been limited since 2005, funding from

the provincial government has been dropping steadily.

A brief on post-secondary affordability and accessibility to the AMS from Pierre Cenerelli, then-university and government relations advisor, noted that public funding from the government has decreased significantly. In 1982, it made up 83 per cent of the university's operating budget — by 2012, it made up less than 55 per cent.

Don Fisher, acting principal of Green College and professor emeritus in UBC's Faculty of Education, sees this as a major hindrance to the accessibility of university education.

"If government funding decreases ... then what's happening structurally is that the responsibilityis being moved from the collective to the individual," Fisher said.

"One of the things that we're trying to achieve in British Columbia is equality of opportunity as much as possible ... If indeed the individual is made more responsible for their education, then what we see is differences in opportunity."

The BC provincial Minister for Advanced Education, Andrew Wilkinson, told The Ubyssey that although the provincial governmentis committed to keeping higher education accessible — it's a responsibility shared by everyone.

"[The] government encourages families in B.C. to start planning and saving early for post-secondary education or training programs for their children," said Wilkinson through an email statement via spokesperson.

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#### opinion - 8

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Volunteer Opinion meetings every Wednesday at 2pm in SUB 3-04

# EDITORIAL COMMENT Men who have sex with men shouldn't be **banned** from donating blood

ALTHOUGH THE MEDIA SPOTLIGHT HAS SHONE BRIGHTLY ON many of the Liberal Party's campaign promises, there is one that cannot only be enacted relatively easily, but would also right a profound moral wrong.

After thousands were infected with the HIV virus via tainted blood transfusions throughout the 1970s and 80s, the Canadian Red Cross Society (then responsible for all blood products in Canada) implemented an indefinite donation ban on men who had had sex with other men (MSM) after 1977.

Instated in 1992, the ban was softened in 2013 to a five-year deferral period. In addition to this, any woman who has had sex with an MSM man (WMSM) in the last five years must wait a calendar year before donating blood. Also of note is that these dates extend any time the "yes" box is ticked on the screening survey, so men in long-term, monogamous relationships with other men are ruled out of donating blood.

Or at least, they are now. Trudeau and the Liberals have as one of their campaign promises pledged to "end the gay blood donation ban." This would allow anyone, regardless of sexual preference, to donate blood. Described on the party's website as a "ban that ignores scientific evidence," the Liberals pledge to "end this stigmatizing donor-screening policy and adopt one that is non-discriminatory and based on science."

Putting Canada amongst nations like Italy, South Africa, and Russia that have no deferral period for MSM or WMSM, the policy seems like an absolute no-brainer. Italy has a significantly higher incidence of HIV than Canada does and doesn't ban MSM and gay men from donating blood. There is plenty of evidence set forth in the Liberal agenda to back the claim. How vigorous the pushback from Canadian Blood Services (CBS), Hema-Quebec, and Health Canada will be is yet to be seen.

The main reasoning behind the current limitations on MSM donation is based on the non-detection period that currently exists for those who contract HIV. The HIV test that each blood donation made in Canada goes through has a window of nine to 11 days after initial infection where a person can pass on HIV, but will not test positive. Assessment numbers from CBS would indicate that a five-year deferral on MSM donation would equate to a risk of less than one infected donor bag entering the blood supply every thousand years. This is a ridiculous margin of error, and seemingly does not care that people who aren't MSM or gay may have risky sexual relationships or donate in the window.

I cannot fathom the frustration of anyone who is healthy and who maintains safe sexual practices denied the opportunity to donate blood. Frankly, I'd have fewer qualms with these people lying on the questionnaire than eliminating such a large chunk of the population from CBS' donor pool.

We are bombarded constantly by radio ads and phone calls to get out and donate blood (I received no less than 21 calls since May), and it's completely unacceptable to relegate an entire population to non-donation based on sexual preference. With a growing, aging population, increased surgical need, and a shrinking donor base, CBS needs everyone they can get to come out and donate. Telling a population this size that they are automatically ineligible because of the minuscule chance that their transfusion might infect someone is completely ludicrous.

This is especially true because that one tainted bag is almost as likely



### letters to the editor

#### FROM THE WEB

**M** 

#### I dislike everything in **SUBmart**

(Re: SUBmart to begin stocking, selling groceries at 'comparable prices', by Mitch Sorensen, Oct 6.)

I am very much disliking the products already offered at SUBmart such as candy and "junk" food, and I strongly discouraging you from taking the above poster's request into consideration. I don't think period products should be sold all together. These send the wrong message and have no place on campus. You have been and continue to be insensitive to your Muslim students and the Muslim Students Association. I sincerely hope that you will not be stocking pork products in your new line of "fresh" groceries and that all foods will be strictly Halal to satisfy all students'. Peace unto you.

#### **Michelle** VIA WFB

#### I know what your name is and I know where you live and I love Oklahoma

(Re: Rebranding the Oklahoma City Thunder, by Steven Andrais, Oct. 19)

Your a dumbass from Seattle and its very obvious in this article I can do more on a Sunday afternoon then you dream of doing on a Sunday in traffic. Fuck off and write for your own damn team.

josh

people from driving while impaired by cannabis. Your editorial implies otherwise.The law prohibits possession, so it behooves the stoned driver to finish their stash before hitting the road.

Happily, driving while one's ability to do so is impaired by any substance, licit or illicit, is illegal, regardless of cannabis laws.

Cannabis is an economic substitute for alcohol and other drugs, such that when cannabis use goes up, drinking and other drug use goes down, causing a net reduction in drug-related traffic accidents.

There is a long list of legal prescription and OTC medications, including cold remedies, that may cause impairment, for which the police lack a roadside screening device, and yet no one seems very concerned about it.

to be donated by a straight person as a MSM. What this principle means is that CBS would prefer to have a straight person with risky sexual habits donate blood than any gay man or MSM, regardless of how safe or monogamous they might be in terms of their sex life.

This is not only completely insulting to the LGBTQ community, but also creates a climate of baseless distrust between the CBS and a group of donors it should be begging to get through its doors. I'd imagine there is some percentage of the MSM group that falsifies their answers on their screening questionnaires, even though the declaration at the end of the form states that lying could "harm others."

In fact, a gay man who anonymously admitted he lied about his sexual history was sued by CBS for negligent misrepresentation. The man lost a countersuit in which he stated the MSM donation policy violated his Charter rights.

These people should be praised for their willingness to break the law to save lives and donate to a group that would have us believe they are recklessly endangering the population by doing so. This backwards policy should have been changed years ago, and the Trudeau government's plan to reverse it will not only bring a new crop of donors to donor clinics, but also help challenge the stigma around this group.

I can only hope that in in the future, donation from MSM and gay men will be a non-issue in the eyes of the Canadian healthcare system. This time next year, I hope CBS will find it in their hearts to pester all people with robocalls equally, regardless of sexual preference.

# Mitch Sorensen

#### jiwan VIA WEB

#### **1969 Rolling Stones** album

Are you serious? I can't tell if you are for real or if you're trolling. Period products should not be sold altogether??? Would you like us to come to campus and bleed everywhere? All over the floor and your lecture seats? Actually, I would really like to bleed on a lecture seat if I knew you were going to mistakenly sit in it afterwards.

#### VIA WEB

#### (chortle)

(Re: St. Albert-Edmonton voted for a puppet in favour of experienced MP, by Cole Forster, Oct.21)

This gave me a good laugh! Couldn't imagine this being any more pompous. Well done!

#### hunkE VIA WEB

#### **Prohibition prevents** nothing

(Re: Editorial: Many precautions to take before legalizing marijuana, by Kieran Chrysler, Oct. 21)

Cannabis prohibition does not deter cannabis use or reduce availability, much less prevent

#### **Matthew Elrod** VIA WFB

Letters to the editor should be sent to opinion@gateway.ualberta.ca (no attachments, please).

The Gateway reserves the right to edit letters for length and clarity, and to refuse publication of any letter it deems racist, sexist, libellous, or otherwise hateful in nature. Comments from the internet are not edited to The Gateway's editorial standard. The Gateway also reserves the right to publish letters online.

Letters to the editor should be no longer than 350 words, and should include the author's name, program, year of study, and student ID number to be considered for publication.

STAFF REPORTER

# Schools and universities need safe spaces for students



Daniel Decker OPINION WRITER

I was in fourth grade and it was cold in Hay River, Northwest Territories. All the students were shivering as we waited in line to go inside from recess, but one kid couldn't wait to get in. He butted me in line and lobbed the word "gay" at me, as if it was some sort of justification. It wasn't because I was being affectionate with another guy, but rather because words like "gay" and "faggot" were just the "it" words to call anyone who didn't fit in. And that's still how they're used today.

I'd never heard the word before, so I asked my teacher. She explained and added that many of her best friends were gay, that there was nothing wrong with it. I immediately thought of the effeminate, lisping men in drag that I'd seen in the news and more mature TV shows. I didn't have an objection to these people, but the tone the kid used told me these people were strange and different, and I felt different enough already.

I heard the word again, sometimes as an insult when people beat me up, other times in everyday conversation. "The wall is gay." "That assignment is so gay." "This class is gay." And I started to buy into it. I wanted to fit in, and in my own language, gay and bad became synonymous.

The homosexual sense of the word was important, however. I was asked several times if I liked girls or boys, as if it were a test I had to pass. I answered girls as you were supposed to, but I always hesitated because I didn't understand the question. Health class said that boys and girls became interested in each other around puberty, but I didn't understand what interested meant. I just assumed that girls were



aesthetically pretty and moved on with my life. I liked girls, and that was the end of it.

But there was this strange feeling I had when looking at some guys. It wasn't until I was in the midst of puberty when I noticed that I kept thinking about guys more and more, and that I liked thinking about them. That's when it hit me: I hadn't understood sexual attraction because I was waiting to be attracted to girls.

I was stunned and terrified. I didn't know

this could happen, I was "normal," I wasn't effeminate, the stereotypes didn't mesh with my realization, and I didn't want to accept it. I felt separated from everyone, and I suddenly had this looming secret. It took me years to realize that being gay just meant an attraction. Any personality characteristics that came with it were optional, and their only relation to sexual orientation was a sense of freedom from societal norms.

#### When I came to the University of Alberta, I was shocked. Safe spaces posters are everywhere. SUB has a gender-neutral bathroom. There is an entire week dedicated to gender, sexual and romantic minorities.

But what if there had been safe spaces, not just in my school, but everywhere? What if no one had even thought of using the word gay as an insult? When I came to the University of Alberta, I was shocked. Safe spaces posters are everywhere. SUB has a gender-neutral bathroom. There is an entire week dedicated to gender, sexual, and romantic minorities. I heard several speeches about the importance of inclusivity and the avoidance of hate speech.

You might laugh at this political correctness or scorn this as an abuse of freedom of speech, but you don't realize how much power your words have. They create a climate where groups of people are cast as other, as inhuman, and it makes us start to doubt and hate ourselves. So I'm sorry if safe spaces erase your freedom to lob slurs at your friends or make people uncomfortable, but it erases our freedom to go about our lives without feeling like outcasts, without fearing that some gang of bigots is going to come along and bash our heads in.

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# **Liberal PM Justin Trudeau is hot**



With the Liberals claiming a majority government win in the Canadian federal election, there has been a great shift in conversation towards our new Prime Minister, Justin Trudeau. But it's not his policies and promises everyone is concerned with — it's his sex appeal.

Presently, Trudeau is our Prime Minister Elect, but he will not be sworn in until after he names his cabinet on Nov. 4. Until then, we won't see any enactment on legislative issues, which causes me to question why we're even thinking about his policies. Instead, let's talk about sex baby and Canada's new image. Social media has drawn attention to this hot topic by asking a vital question: Is Trudeau more like McDreamy or Disney's Prince Charming? I'll let you decide.

Let's face it, it's not his ideas about healthcare that have me all hot and bothered — it's his striptease video and shirtless pictures breaking the internet that have me wanting him — as

our Prime Minister, of course. It's empowering to know that this man — the epitome of masculinity will be representing Canada on a world stage. I don't care how he speaks about foreign affairs, that bone structure and

Canada. ...it's not his ideas that have me all hot and bothered — it's his striptease video (...) that ha(s) me wanting him as our Prime Minister of

course.

sultry smile says it all. Looking good

It's his presence, not policies that puts Canada on the map. Women all over the world are tweeting variations of "Oh my god, I'm moving to Canada #JustinTrudeau" with a sexy shirtless picture of our new leader. Me-ow. Some people even pretend to understand Liberal values: "Justin Trudeau is hot as fuck like YES BOY HELP STU-DENTS SAVE MONEY STRENGTHEN THE MIDDLE CLASS KISS ME ON THE LIPS." And there's that one Twitter bird who shared what we're all thinking: "I'd like to prime his minister & house

his commons YOU KNOWWHATIM-SAYIN." Yes @JohnLoosWins, oh yes I do.

Mashable's article, "Canada's hot new prime minister has the Internet sweating maple syrup," pulls at my heartstrings. The amount of global attention Trudeau is getting makes me proud to be Canadian. His physicality is making headlines faster than Al Gore can say environmental activism: "Is this global warming or did Canada just have a heat wave?"

Canada wanted change; out with the old and in with the new. This pretty boy might not be ready for office, but he's better to look at than Harper. And although there might not be a whole lot going on above the neck, it's nothing a pretty face can't cover up. In fact, I think this change is fantastically beneficial for Canadian citizens, especially those who are drastically uninterested in politics, like myself. I think other young females would agree that his abs, I mean ideas, have sparked interest on a national and international scale. Let's see if his performance in office will be as remarkable as the fantasies of his performance elsewhere. Canada's own JT is bringing sexy back, and you better believe that I'll have my eye on him throughout the next few years.

# **Martin O'Malley is hot**

Cole



Forster POLITICS COLUMNIST If you're watching the Democratic leadership race below the 49th parallel from a Canadian perspective then

you're probably aware of two opposing personalities: Hillary Clinton and Bernie Sanders. But have you heard of Martin O'Malley? The former governor of Maryland has a certain advantage over his running-mates, and it's not playing in a rock band, though he does that too.

#### ...the guy is fucking shredded. There simply isn't a more suitable phrase.

Normally I try to refrain from vulgarity but I'm inclined to break that self-imposed rule in the case of Martin O'Malley. I mean the guy is fucking shredded. There simply isn't a more suitable phrase. He is undoubtedly the most muscular politician to candidate himself for the office of the President of the United States. Perhaps tone and definition aren't as important as decision-making and leadership, but MOM is making the case that they absolutely are.

MOM doesn't need the U.S. Army to win battles. He could defeat all of America's enemies with the mere power of his Washingtonian jawline. His glutes are so taut that smacking them would cause the national anthem to sound. His pecs ring with the glory of truth, justice, and the American way, and his delts flaunt liberty with every manly step. At this risk of sounding like a Dos Equis commercial, I'll continue.

O say can you see, by his abs oh so tight, what so proudly we hailed, at the twilight's last gleaming, whose broad back and bright eyes, through the perilous fight, o'er the ramparts we watched, were so gallantly sexy...

O'Malley doesn't have the establishment support of Clinton, or the popular groundswell fuelling Sanders, but he is hotter than both of them combined and that probably counts for something. If America could elect a divorced movie star (Reagan), and an entrepreneurial bartender (Lincoln), then why not a buff, guitarplaying Marylander?



can remain contagious and spread were individuals between the ages

# Avoid two sick weeks, get a flu shot



Allie Buxton **OPINION WRITER** 

As the days get shorter, the air crisper, and as midterms loom, students begin flocking indoors. Suddenly the university becomes a breeding ground for diseases. While it is tempting to procrastinate studying by scouring eBay for a HAZMAT suit (conveniently doubling up as a Walter White Halloween costume), maybe yellow isn't your colour.

There is another way to protect yourself from your oozy lab partner who just wiped his mucus-covered hands all over the microscope you're sharing. That my friends, is a flu shot.

Flu is a common respiratory disease caused by the contagious influenza virus. An infected person

the virus to others up to two weeks after symptoms arise. According to the Public Health Agency of Canada, the flu causes approximately 20,000 hospitalizations and 2,000-8,000 deaths every year in Canada.

#### A flu shot is (...) an act of consideration for your fellow students.

In valiant attempts to not let a sore throat thwart our daily lives, we underestimate the seriousness that is the flu. There exists a misconception that young, healthy persons will not contract the flu, let alone die from it. And to be fair, it's hard to imagine the average healthy student dropping dead from a mild fever and the chills. However, the Centre for Disease Control and Prevention (CDC) reported that in 2014, 60 per cent of all hospitalizations and deaths related to influenza

of 18-64. Influenza is not limited to the immunocompromised.

Getting a flu shot isn't a sure shot you won't get sick. The ability of the flu vaccine to protect a person depends on various factors, including the age and health status of the person being vaccinated, and also the similarity or "match" between the viruses used to make the vaccine and those circulating in the community. However, the World Health Organization states that flu shots prevent up to 90 per cent of flu-specific illnesses.

A flu shot is also an act of consideration for your fellow students. If more people get their flu shots, less people will spread the virus. And it's free. Immunization clinics will be held Nov. 3-6 in Dinwoodie Lounge on the second floor of SUB. Get your shot, if not to protect yourself than for the common good. No one needs your coughing ass infecting the entire student body.



# OFFICIAL ONLINE MERCHANDISE STORE





Pia Araneta SEX COLUMNIST

When I think about people who role play in the bedroom, I tend to imagine an older couple clinging to the remnants of their youth in a desperate attempt against Cosmo which recently declared their sex life a prehistoric artifact on its "How spontaneous are you?" quiz. I think of a couple attempting to emerge into an alternate reality in an effort to forget about all the times their spouse said "no" to sex and to forget about all the money they've spent on child A and child B especially when child A is an ungrateful brat who spends her afternoons contouring her own crotch and child B is a burnout who Googles things like "Dairy Queen hours of operation." All in all, the couple role plays to forget they've been looking at the same pair of genitals for the past 25 years of their lives.

personality which turns a potentially sexy phrase into a series of grunts and murmurs that could easily be misinterpreted as me having a stroke.

Now, with innovative costumes such as (...) "slutty burrito," anything could potentially be slutty – guiding you to your spooktacular orgasm.

In spite of all this discouraging mayhem that I have been spewing, I want to encourage you to turn your Halloween into the role-playing erotica that some of us would typically fail miserably at. Halloween is the perfect time to indulge in some kinky costume sex and let your freak flag fly. Luckily, with the assistance of our sexualized society, it won't be too hard to imagine how a ghost, or a Celtic warrior. or even a burrito could be sexy. Now, with innovative costumes such as "slutty ghost," or "slutty Celtic warrior," and even "slutty burrito," we can easily see how anything could potentially be slutty — guiding you to your spooktacular orgasm.

try to commit to your costume. Maintain a convincing, confident and natural demeanor. In other words, drink heavily. Drinking could make all the difference when it comes to accepting new experiences. For example, if you were playing a doctor-and-patient scene drunk, you could potentially execute a line such as, "I've got a really bad itch. Could you pretty please check it out?" But then sober you goes in for the kill, and ends up blurting, "I've got a bad case of jaundice," in a mortified panic.

The closest I've ever come to costume sex was a few Halloweens ago — I was intoxicated and took sensual solace in someone dressed up as a manatee. Why was I turned on by someone in a manatee costume? I have no valid explanation other than I'm fucking weird and it just seemed about right at the time.

Now, if you succeeded in your evening's conquest, you can then reflect during your morning-after-Halloween-walk-of-shame on all the weird shit that occurred. With half your make-up and dignity gone, may as well stare inward into your soul — right into the empty shell that you used to call innocence. I mean, hey, if *Rocky Horror Picture Show* had taught us anything, it was to "give yourself over to absolute pleasure."

Personally, I have never attempted to role play, nor have I ever felt inclined to do so. I'd like to spare my sex partner from witnessing an embarrassing verbal struggle — a curse of my

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# **UAB.CA/TEAMGEAR**



# The inevitable cessation of existence Written by Jamie Sarkonak

Sociology of Death and Dying professor explores the intricacies of coping with mortality



About 10 years ago, a twenty-six year old in Southern Manitoba had the misfortune of hitting a patch of black ice in the night. Neither he nor his dog in the passenger seat were belted in, so when the truck rolled eight times they both lost their lives. It was the night before Christmas Eve when my family, two provinces over, heard the news. The fatality had been Chris, my half-brother.

My mom ran downstairs, weeping, to tell 10-year-old me the news.

"Your brother crashed his car," Mom said, sniffling. "He passed away."

I immediately thought of my younger brother, aged eight. Where on earth did he get a truck? I was pretty sure he was in his room playing with Lego. I thought this was some kind of twisted joke, so I laughed.

My mom was horrified.

Nope, definitely not a joke. The next day was spent driving to Manitoba to make the funeral on Boxing Day. Chris was the real holiday spirit that year.

#### Writing Death

Northcott was born in Brandon, Manitoba and grew up in Winnipeg. He made his academic start at the University of Manitoba, where he received his BA. He moved on to the United States to further pursue Sociology, earning his Master's from Brigham Young University and his Doctorate from the University of Minnesota. Returning to Canada, he started teaching Sociology of Health and Illness at the University of Alberta in 1976. He later took over the courses Sociology of Aging and Sociology of Death and Dying.

Over the past 40 years, Northcott has taught 11,000 students in over 250 courses. He's also written the only book about death and dying in Canada.

Northcott describes himself as a monographer rather than a researcher. His Dying and Death in Canada is a synthesis of research, organized to show readers how Canadians respond to death through both statistical and personal accounts.

Compiling a mosaic of experiences from cemetery workers, firefighters, and first responders shows how the experience of death is universal, Northcott says. Going over these accounts has been a big part of his job in revising the upcoming third edition, which actually sticks out as one of his favourite parts. Alone, he's able to just spread out the chapters before him and read how individuals have recorded their relationships with death.

Those firsthand accounts are what Northcott finds particularly interesting. The there's the story of the Nova Scotian miners become trapped underground and believe they are to die, but still maintain a socially appropriate distance from each other despite being so near the end. There's the one about

Illustrations & Design by Adaire Beatty

#### Fear and Fascination

The level of hilarity in Spike TV's 1000 Ways to Die is accompanied by a sense of guilt and underlying fear. The show's darkly humorous narrator recounts true stories of bizarre deaths that are later explained by expert professionals. There's a special, and somewhat guilty, amusement that comes with hearing a doctor explain how exactly the woman on TV died from masturbating with a carrot.

Those feelings of fear and humor are actually indicative the Western relationship people have with death.

That fear and fascination can be seen here on campus. Evaluations score relatively high for the Sociology of Death and Dying, one of the courses Professor Herbert Northcott has taught in his 40 years at the University of Alberta. It appears students enjoy discussing the inevitable cessation of existence.

"And you wouldn't expect it, would you?" he says. "Suddenly I teach Death and Dying and I'm a better professor. That, or more likely, the students just like the course more." The 400-level course goes over topics of grief, the process of dying, and specific issues such as suicide and euthanasia — it even includes a field trip to a funeral home. But it also carries the bigger mission of making students think critically about a topic that is standard to see as negative.

The fear of death, the source of the negativity, is mechanical rather than existential, says Northcott. The scariest part about death is the thought of spending one's last moments alone with no friends or family. Or in agony after being, say, run over by a dump truck. Ceasing to exist isn't anywhere near as fearful.

Death is a social construct, Northcott says. Fear and fascination make up the body of the West's rendition of death. The fear component grows from a "death-denying"

attitude in Western culture, arising from the twentieth century — the Black Death, Spanish influenza, and tuberculosis all faded into stories as medical technology became mainstream. But as the number of infant graves declined so did the West's relationship with death. Fascination follows fear, which is perhaps what makes the Sociology of Death and Dying so interesting to students.

That fear of pain, gore and suffering is what allows death to be funny. Laughter puts a safe distance between the individual and the idea of death, Northcott says. That's exactly what he sees while teaching the course in death and dying. One minute, everyone's crying. Next, they're laughing to the point of crying.

People want to push the tragedy of death away, and one of the common ways to do this is through comedy. Which is something young people can do, Northcott said.

a woman with cancer who worries about her young children growing up without a mother. These true stories about death remind Northcott of the novels he loves to read.

"The sociologist is at the greatest disadvantage, because we don't get to write like novelists, or journalists," Northcott says. "We have to be very academic."

The underlying theme Northcott's found in his work is PTSD. It's common, Northcott says, but the popular concern for PTSD is largely overblown. Really, he says, most people move on and find peace. The nice part about writing a textbook about death is deconstructing the typical Western negativity surrounding it.

My grandmother, after probably fifty years of addiction to alcohol and cigarettes, passed when I was in high school. About 10 people showed up to say their final goodbyes before she was

#### lowered into the ground.

Compared to my half-brother's tragic funeral, the number of people who cared was marginal. The atmosphere around Chris' death was of shock and disbelief. My grandma's was just numb, with an underlying sense of amazement: she never once had lung cancer despite all of her smoking. We were all very impressed.

#### **Aging: The Greater Threat**

Still, the fear of death seems to be surpassed by the fear of aging — a process that comes with losing form and function. Something that Northcott has been able to witness as both a human being and a professor. Years ago when Northcott started teaching a related class, Sociology of Aging, he felt too young for the position. The veteran of academia now feels that he's too old.

"There I am, standing in front of the class with my white hair, and I'm sort of the other," he says. "I have a vested interest in the argument, they would assume."

Northcott says young adults don't really see agism like they do other –isms. Not in a menacing way, but simply because they don't ever have to experience it firsthand. Agism is one of the last forms of discrimination whose existence can still be debated, Northcott says.

Terms like "bed-blocker," and its derivative, "job-blocker," though agist, reflect the expectation for seniors to make way for youth, Northcott says. To a lot of youth, the aged have had their "turn" in the workforce and should step aside.

Baby boomers are seen this way in popular discourse, despite paying 70 per cent of the cost of university education, Northcott says.

"There's this argument that (baby boomers are) already these leeches who are sucking the lifeblood out of the economy," he says.

Despite having been a faculty member for many years, Northcott himself has felt that others are trying to push him out.

Fifteen years down the road, the baby boomer problem will likely be renamed as the "senior surge." The dominant discourse with aging is apocalyptic, Northcott says. Agist rhetoric is generally accepted; it's curious how some things are, almost arbitrarily, considered problematic while others aren't, he says.

Discrimination makes the issues of a marginalized group seem inferior when they really aren't. Just look at the usual tragedy of young death juxtaposed with the typical quiet passing of the elderly, Northcott says. Young people are comparatively unlikely to meet an early end. Suicide rates, for example, are lower in youth — female and male suicide rates both peak in the mid age, and males again around the retirement age, Northcott says. And while it is a tragic problem, numerically it is not the largest problem. The main message I'd get from family and close friends was always "go see a professional."

Fine. But the clinical option felt really forced. The actual people I knew told me they weren't qualified to help, so I was kept at arm's length. "Don't tell anyone." "Make sure you go

see someone about it." "I don't know, you're stressing me out. There's a person you can talk to about this."

It's great to see clinical services becoming a more acceptable option — so long as they're not the option.

#### Silence on Campus

People have a hard time discussing the tough topics: death, suicide, mental health. This is true for student life and for in-class discussion.

Though the university demographic is supposed to be the source of dynamic discussion surrounding tough topics, the words, "Don't be afraid to reach out for help," are repeated without much further commentary.

In class, Northcott says it's been increasingly difficult to get tough discussions underway. The contemporary student culture seems to accept that others have different opinions, but these opinions are to remain internal. The attitude of reciting the one "accepted" view on a subject is now dominating.

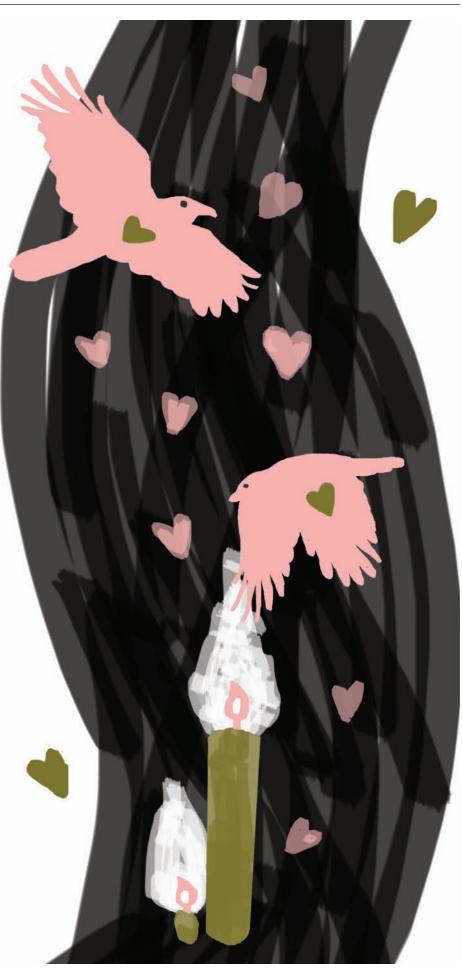
Thirty years ago the pros and cons of controversial topics were easily brought up, Northcott says.

"You'd walk into class and say, 'let's talk about assisted suicide ... Let's get the Baptist, and the business student, and the redneck talking," he says.

It had worked. People were willing to exchange their ideas, even if they bitterly clashed with each other. Today, it's almost impossible to get that kind of interaction; instead, most of those with controversial opinions stay silent. What's frustrating about teaching in such an environment is having to retreat back into the PowerPoints, Northcott says. The increase in classroom passivity is the biggest change he's seen on campus in the past 40 years.

There isn't one particular word Northcott uses to describe the current class atmosphere, but he does say there's a feeling of fear. There risk for a student to voice a controversial opinion is too great, so most of them will likely choose to stay silent, he says. The self-defence move takes away from the classroom's efficiency as a learning tool and the skills students exit with, Northcott says.

"The reason you take these classes is so that you develop a critical faculty, so you can explore these topics more critically," Northcott says. "When students leave here, they leave here with a diversity of opinions. And that's a good thing. But my concern is that people leave here with a diversity of opinions, but haven't really gotten to the critical thinking level." Nevertheless, the fun of teaching Sociology of Death and Dying comes from deliberating questions that are much easier to pose than answer, Northcott says. From there comes the exciting and interesting discussion. Despite in-class silences, Northcott loves to educate. "Each class is a conversation," he says. "And it's different every time." Sociology of Death and Dying will be taught again in the Winter semester, but this year it won't be by Northcott. Even so, he did write the textbook. The course theme invokes hours of talking, but he says the general theme is the idea that things will turn out okay. "As we get older, as we age, as we approach our deaths. Hopefully, it will all be, for the better. That's the existential theme," he says.





Other demographics are more likely to commit suicide. Older individuals suffer more losses in family and friend circles and become victims of agism — that kind of sorrow puts one at higher risk.

Yet the greatest shock and sorrow regarding suicide tends to come from the lower-risk, higher-publicized demographic.

I went into a massive depressive episode last Christmas break. Bipolarism does that. It doesn't happen often, but when it does, it's bad. In that time, I made an attempt on my own life by running a tube between my vehicle's exhaust and window. (My family has awful luck when it comes to cars and the holiday season.)

It didn't feel tragic, or life-changing. It was more of an unfortunate reality. The actual crisis moment itself was so distant from the numbness felt in the weeks leading up to it. It's really hard to remember, just a blur.

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Volunteer Arts meetings every Wednesday at 4pm in SUB 3-04

# Aspen Matis finds salvation through a dangerous decision

Arts & Culture

After being sexually assaulted, author tackles the Pacific Crest Trail on a journey of discovery, happiness and self acceptance **Eryn Pinksen** ARTS & CULTURE WRITER

On her second night of college, before classes had begun, Aspen Matis was sexually assaulted. After her attack, Matis dropped out of school when her college failed to support her. She opted to hike the Pacific Crest Trail, a 2 650 mile trek spanning from Mexico to Canada moving upwards through America on the west coast. From self-doubt to self-redemption Matis learned that you can only find happiness from within. In her memoir Girl in the Woods, Matis talks how she bravely takes on the Pacific Crest Trail to reclaim her body.

Readers are welcomed into her mind as she sits in her tent on the harsh trail, dealing with racing thoughts of loneliness. Matis reflects on how the seclusion was necessary for her.

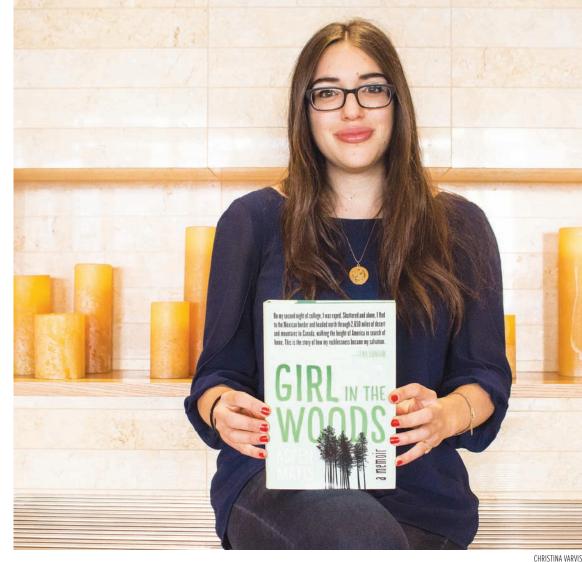
"[It] [was] what I needed then because I didn't need anyone else to be feeding me what I thought or what I should be feeling," she says.

#### The way to adoration and self love is to behave like someone you love and adore. The magic is that we all can.

ASPEN MATIS AUTHOR OF GIRL IN THE WOODS

The walk, to Matis, was a way to be free from opinions and take time to scream into the emptiness of the wild.

"It felt good in the way that feeling sore after exercising feels good, when you're uncomfortable," says Mathis. "This strengthening pain was "a growing pain... as [John] Steinbeck says, "an aching kind of growing."" In her memoir, Matis



begins some chapters with quotes from famous authors that drive her inspiration.

As a writer, Matis had written for herself about the rape and the hike as a way to process her experiences. She says writing allowed her to find out what she was thinking. She used writing as a way to process what happened to her, and notice patterns in her decision making, both in relation to the sexual assault and on her journey through the wilderness.

Her passion for reaching out to young people struggling with shame is moving. Matis hopes to aid people's coping process through her memoir. At several points in Girl in the Woods Matis deals with dark moments laden with self-criticism and self-blame. Her revelations are empowering — it shows how far she's come from the anxious girl at the beginning of her journey.

"Short shorts don't cause rape, vodka doesn't cause rape, weed doesn't cause rape," Matis states. "Rapists cause rape; no one causes rape but rapists. Even if it doesn't feel obvious to you. It's the truth."

Most inspiring is Matis' advice as she explains what she has learnt from her experiences. There is a moment in her hike where she tries to justify situations that have happened to her by evaluating previous actions and choices. She thinks that maybe had she done things differently in her past she would have been stronger in the situation of her attack.

"It is not your responsibility to prevent someone from attacking you... it is their responsibility not to attack you." Matis says.

She encourages people to never be mad at themselves for something that a friend wouldn't be mad at them for. But to remember that it will be difficult because we truly are our own worst critics. Matis outlines a quote from her memoir to explain this: "The way to adoration and self love is to behave like someone you love and adore. The magic is that we all can."

People build up walls in their mind and they fail to realize that they are only present in their imaginings. Inner strength must be discovered because it is unhealthy to rely on others in your life to be the solution to your own problems. Matis reveals how every person in her life became a necessity to her and she no longer felt like she had everything she needed and wanted. Relying on yourself is what gives you control.

"You are strong enough and you are brave enough to leave your relationship that's stifling you, to quit your job that is wrong for you, to commit to doing the work you love because if you commit to the work you love then you will be happy and if you're happy you will treat other people well," she says.

Matis' message was simply to love yourself and be the best person you can be and see how the world reacts because "what we do matters" as everything happens for a reason.

# The most compelling Netflix Original Series



#### Jason Timmons ARTS & CULTURE STAFF @JOURNOPHOBIC

Netflix has gone from a DVD delivery service to a production

Overall, Narcos is a fantastic series that will take you on an emotional roller-coaster.

2. Marvel's Daredevil

sistently hits its mark by forcing viewers to look at their own lives critically when confronted with the insanity of the life portrayed on the show. Managing to be constantly hilarious while still exhibiting a deeper meaning is a skill that the creators of Bojack have perfected, with every episode hinting at a deeper meaning behind the cheap laughs and pop-culture references.

that they're disgusted by the lack of humanity splayed out before them, but they can't let themselves look away in fear that they

#### company powerhouse over the course of the last decade. Some of the best dramatic and comedic series of our generation fall under the "Netflix Original Series" banner. Here's a look at some of the most worthwhile series to come from Netflix.

#### 1. Narcos

Following the contentious and often gruesome life of cartel king Pablo Escobar, Narcos is a visually stunning and dramatically excellent series that takes the viewer deep into the heart of Colombian narcotic culture. Featuring an incredible cast and unbeatable script, Narcos an manages to make morally despicable characters seem like your best friends, while the agents of moral good come across as people trying to ruin all the fun.

Daredevil is the gritty comic book series that we will never get to see on the big screen. Taking place in the same universe as "Avengers", Marvel's Daredevil brings to the small screen what we could never see on the big screen: blood, gore, morally nihilistic characters, and the resounding feeling that every hero has a dark side. Marvel's Daredevil shows a bright future for Netflix-produced, comic bookinspired series.

#### 3. Bojack Horseman

Bojack Horseman is, without a doubt, the best cartoon ever made about depression. Taking a dysfunctional approach to such topics as drug addiction, reckless sex, and the notoriety of self-destruction, Bojack Horseman con-

#### 4. House of Cards

House of Cards showcases a heavyweight cast of Hollywood veterans as the tortured and brutal players in the crazy game known as American politics. Kevin Spacey steals the show as Francis Underwood, a US senator with big dreams and an even bigger habit of destroying anyone who gets in his way. Kevin Spacey constantly breaks the fourth wall, dragging the viewer into the world of the show, oftentimes against their will. The viewer will often get the sense might miss a single second

#### 5. Orange is the New Black

Perhaps the most well known Netflix Original Series, Orange is the New Black stands as one of the most interesting dramatic series in recent memory. Following the suddenly disrupted life of Piper Chapman as she is sent to a minimum-security women's prison for a decade-old drug trafficking offense. Orange is the New Black succeeds as an incredibly well-written drama that write women as actual people instead of just sex objects for plot progression; a feature that, unfortunately, is hard to come by in our modern age of television. Social commentary aside, Orange is the New Black is an incredibly well-written and well-acted series that will keep you interested with its combination of comedy and drama.

# Shadow theatre troupe bring Rocky Horror off the screen



#### Alyssa Demers ARTS & CULTURE WRITER

We know and love the story: virtuous lovebirds Janet and Brad get lost in the woods, and stumble upon a large, spooky mansion in a break in the dense wood. They arrive, desperate to use a phone, yet the night has just begun; escapades of dancing, singing, death, sexual deviance, and costume embody the night with Dr. Frank-n-Furter and his eccentric gang of Transylvanians leading the festivities. Though *The Rocky Horror*  Picture Show was initially panned upon it's release, it gained notoriety as a cult film when it opened at the Waverly Theater in New York. Audiences began to participate in the film, dressing up as the characters and acting out scenes with props.

"It begins with something in someone's mind. A few people like it, a few more people like it, and soon it turns into this phenomenon where people can just come and do what they want and be who they want," explains The Lowdown Cheap Little Punks Shadow Cast, the in-house SUPPLIED- DAVE SUTHERLAND

Shadow Cast for the *Rocky Horror Picture Show* Screenings at The Metro Cinema, originating from Edmonton. "We come from all walks of life and aren't really theater people. It's just about acceptance and diversity and having a good time. Like the film says, don't dream it; be it."

The Lowdown Cheap Little Punks wish to remain as an anonymous entity, due to the nature of *The Rocky Horror Picture Show*.

"We're not theater people: we've got government people, we've got teachers, we've got bankers, we've got people coming from all walks of life and doing this crazy shit in the middle of the night" jokes the cast from LCLP, yet there passion for Rocky Horror and for the Shadow Cast is clearly evident.

A Shadow Cast is a troupe of actors that mime and block the scenes from the movie, directly below the screen; this is a regular tradition for *The Rocky Horror Picture Show* screenings. Eclectic costumes, boisterous dialogue, audience engagement and hilarious props are all heavily involved; LCLP adds an integral element to the screening. In the age of the Internet, Shadow Casting has become a worldwide phenomenon.

"There was never really that community connection, but now I posted something to Facebook and got a reply from a Shadow Cast in Japan," explains an actor from LCLP.

"I feel like the Shadow Cast helps to break down that natural wall that happens when you watch a movie; it makes the audience feel like they are part of the movie; it's like dinner theatre without dinner" jokes one of the actors, while explaining the significance of Shadow Casting.

LCLP started from humble beginnings, as they reflect it shows how close the troupe is and how this has become a sought after tradition.

"We all got together at Jasper Cinema in 1995, a bunch of us just sat on a bench and said 'this is what we like to do, it's the 25th anniversary, what can we do about this.' A lot of us were excited about it." says the cast.

Shadow Casting is important to all

of the members of LCLP. They believe it helps to celebrate the messages in the film, and helped the group to

"A lot of it just that message of the film, and getting up there to celebrate that message is really something else," the cast warmly elaborates, "we also just have some really awesome friendships here. We clicked, we accepted each other for who and what we are, and it just kind of went from there."

As time has progressed, the Cult Film culture of Rocky Horror has become increasingly accepted, and the LCLP are shocked at how the cult phenomena is still growing today.

"I'm surprised at how young our audience is, and how many virgins are in the audience; there's a lot more curiosity for it. The fact that people are open to come and check it out is really neat," discusses an actor from the troupe.

Although Rocky Horror is increasingly visible in the film community, that was not always the case. The film was seen as controversial, yet groundbreaking in many elements. Many of the actors agreed that the film paved the way for LGBTQ acceptance with the use of drag performances and culture, as well, the film includes a same-sex marriage ceremony—a first of it's kind in the films 1975 incarnation.

The Lowdown Cheap Little Punks will be present at the soldout screening of *Rocky Horror* this Halloween at Metro Cinemas. If you miss this screening, you can look forward to one during the May long weekend.



NAUGHTY NOVEMBER The Gateway's guide to yeg events.

ILLUSTRATION BY ADAIRE BEATTY

#### arts & culture - 16

# **fashion streeters** COMPILED & PHOTOGRAPHED BY Christina Varvis



# 

**Daniel Romano** 

If I've Only One Time

the heart ache eases, turning into

a deeper, numbing pain. As the

album progresses on "There's a

Hardship" fixates on the inevi-

tability of this pain in love. With

the album progressing through

these shades of pain, Romano's

voice moves from the sorrow for

his past love, to the distaste for

The influences of old country

ballads and love stories show

their influences as Romano keeps

things slow. He leisurely works

his way through each story of

Askin'

New West Records

**Josh Hickmore** 

**ARTS & CULTURE WRITER** 

danielromanomusic.com

#### ALBUM REVIEW



Despite a punk background and work with City and Colour, Daniel Romano's latest release If I've Only One Time Askin' is a fresh breath back to the crooning country songs from half a century ago.

Showing off a new confidence in his wailing baritone voice, Romano sings of all the hardship that follows a burning love. Beginning with the harsh pains of a newly broken heart, "I'm Gonna Teach You" shows off the pain of this passionate hurt through sharp vocals. Through the album

#### ALBUM REVIEW



Divers, the latest album from harp-slinging songstress Joanna Newsom, can both be described as timeless and dated. Newsom has built her sound around breathing new life into traditional folk, and her ability to do so has resulted in her previous two albums being critically lauded. Divers is no different, successfully striking a balance between progressive songwriting and a sense of longing nostalgia.

A record that has been five years in the making, the attention to detail shown on Divers shows not

a second was wasted. Scores of strings, pianos, woodwinds and Newsom's signature harp are all layered, energetically embracing maximalism. The songs are never straightforward, either wandering off into musical interludes reminiscent of old-school prog rock or building up into orchestral crescendos. The lead track "Anecdotes" is of the former, weaving through syncopated interludes of flutes and harp plucks, while the last track "Time, As A Symptom" is of the latter, building a climax of swelling strings.

heart ache, Romano defines his genre as 'mosey,' allowing each song to have time for an impression upon the listener.

Romano has abandoned the whine in his voice, choosing to use a more confident, deeper voice. This stronger baritone voice delivers each line strongly, with selective choral vocals highlighting choruses and interludes. In combination with the country standard of a twangy guitar, If I've Only One Time Askin' features symphonic strings that carry the listener between each song. The occasional brass bellow and bang of an orchestral drum punctuate the painful message that Romano is conveys. These vocal choices in combination with these featured symphonic instruments, create a power behind the otherwise oldtimey feel and is what separates Romano's mosey style from other country albums released today.

Newsom not only explores her own brand of Appalachian folk, but also adds her own twist to other genres. The lead single "Sapokanikan," is more a blues song than anything, with Newsom trading her harp for a piano instead. The album is diverse enough with enough sharp twists and turns to defy expectations one may have on this type of music. An example of this is the wailing electric guitars on "Leaving The City" which drive the album's hardest hitting track for a nice little sonic surprise.

Divers succeeds in numerous ways: its unique, dynamic, and ultimately human aspects make it what it is; a less talented musician would most likely make this type of music sound gimmicky. However, Newsom's sheer originality and musicianship makes this delightful album so much more, and once again, hits the ball out of the park.

GATEWAY: Describe what you're wearing today ZHENG: Recently I started to really like the earth tones,

the neutrals and the burgundies. I think it just looks really good with the weather.

GATEWAY: What would you say inspires your style dayto-day?

ZHENG: I think it depends on my mood. I usually like the casual [look] with a bit of chicness to it. I want it to be comfy at most, so that's why I wear leggings and flats. But, sometimes I really appreciate really bold styles and I want to be able to go towards there, but myself, I'm very comfortable with casual [styles].

**Joanna Newsom Divers** 

love as a whole.

Drag City

Sam Beetham **ARTS & CULTURE WRITER** 



#### ALBUM REVIEW



Sun Leads Me On Glassnote halfmoonrun.com

**Rachael Philips ARTS & CULTURE WRITER** 

A Canadian indie band that rose to fame after their 2012 debut album Dark Eyes, Half Moon Run returned this fall with Sun Leads Me On, an alt-rock album that mixes borderline experimental sounds with the careful precision of a band that knows just what they're doing. As opposed to their sophomore album, where their influences were fairly easy to pick up on, Half Moon Run seems to

show listeners that they have finally found a definite direction of their own. Although their music finds a fixed path somewhere between Radiohead and My Morning Jacket, the four-piece band seems to have finally established their own sound.

Sun Leads Me On lacks the immediacy of Half Moon Run's first studio release; instead opting for a more relaxed refrain that allows

for focus on lyrical experimentation rather than radio-friendly choruses. "Works Itself Out" beckons towards instrumental changes with its daring use of synthesizers, while "Throes" takes a more classical approach with its pianodriven melodies. Sun Leads Me On stands as a record free of the influence of its predecessor-the only track that sounds even vaguely familiar to anything from Dark Eyes is "Turn Your Love", where all the immediacy of the first album comes rushing back.

Sun Leads Me On is a solid project that is sure to progress the growing success of Half Moon Run. While it may not be the record that made you love them in the first place, it holds its own as the next logical step in the band's musical progression.

### Sometimes the original doesn't cut it; a look at our favourite covers

#### **Group Commentary**

ARTS & CULTURE STAFF

Throughout the history of popular music, artists have been releasing their own performances of preexisting songs. Cover songs can act as a tribute, and reshape the songs in ways that we may not have thought possible. Often times the cover can become more popular than the original. The Gateway takes a look at our favourite cover songs.

#### "Black History Month"-Metric (made famous by Death From Above 1979)

It takes a great group of musicians to take an alt-punk song best known for its pounding drums and screaming vocals and recreate it using soothing piano chords and silky smooth vocals. Metric took a track draped in the heavy cloak of Death From Above 1979's signature sound and remade it into a beautifully sad listening experience when they covered "Black History Month." This cover is a great example of what all covers should aspire to be: an homage to the original track, but also a complete departure from everything that made the original great. The haunting vocals of Emily Haines breath a different kind of life into this track, perfect complementing the piano to bring us a slow but purposeful expression of the pain felt throughout the song. "Black History Month" will go down as one of the most iconic instances of a Canadian band covering another Canadian band, and rightly so. -Jason Timmons



#### "They're Red Hot" - Red Hot Chili Peppers (made famous by Robert Johnson)

You would think a song with the name of "They're Red Hot" would be a match made in heaven for Red Hot Chili Peppers to cover. But, no, you'd be wrong. Robert Johnson's 1936 blues track is the polar opposite of what comes to mind of when you think of the early 90's Chili Peppers. However, that did not stop the band for making one of the most wildly original covers of recent memory. The band jacks up the tempo to around a million BPM and proceeds to go bat-shit

insane. Anthony Kiedis' vocals range from just barely coherent to sounding like scat improv on coke. The end result is nothing short of fascinating, as the band's take breaths new life into this track, albeit new life that is dangerously unstable with a stimulant problem. –Sam Beetham

#### "Skinny Love"- Birdy (made famous by Bon Iver)

Who else but teenage songstress Birdy, can masterfully mold an already beautiful melody into something even more bonechillingly magical? Birdy's sultry tones enhance her glass-like vocals, forming the song into a fragile masterpiece. If you are beyond sad before listening to this song, you will wind up being even more upset afterwards. Although it is almost impossible to top Bon Iver's ultra-high register, Birdy's notes somehow make you miss even your dead goldfish from 5th grade. It is undeniably better than the original, because nothing turns on the feels more than those achy falsettos. -Raylene Lung

#### "Me and Bobby McGee" -Janis Joplin (made famous by Kris Kristofferson)

The exceptional, late Janis Joplin recorded this song in 1970, shortly before her death by heroin, and it reached the #1 Billboard Top 100's following her death: her first #1 hit. Originally written by Kris Kristofferson, Joplin's soul-driven, powerful vocals and pleasantly nostalgic instrumentation breathes new life into the song. The famous phrase "I'd trade all of my tomorrow's for one single yesterday" gives the listener an air of hope, yet profound sadness as this amazing talent with her infectious smile and calming presence left the music scene too early at age 27. She truly owned this song with everything she had, and it poignantly shows. -Alyssa Demers







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#### sports - 18



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# Football Bears stampeded by Bisons, fall to 2-5 on season

#### Zach Borutski

SPORTS EDITOR - @ZACHSPRETTYCOOL

The Golden Bears football team was unable to right the ship this past weekend, as they lost their fifth straight game, this time in the form of a 29-7 defeat at the hands of the Manitoba Bisons.

Once again, the Bears found themselves in an early hole, as the Bisons outscored them 14-0 in the first quarter. Matt Hallock got the Bisons rolling with a three-yard touchdown run halfway through the first. He then repeated the feat five minutes later, this time with a one-yard plunge.

The Bears only managed a field goal right at the end of the second quarter, while Manitoba added a safety, making the score at halftime 16-3 Bisons.

The third quarter was a low scoring one as well, with the Bears only managing a single point on a Stephen Fabian rouge, while the Bisons added a field goal, and led 19-4 going into the fourth quarter.

After the teams traded field goals to open the fourth, the Bisons put the game out of reach at the nine minute mark, as Andrew Barry rumbled 13 yards for a touchdown, capping off a four play, 75 yard drive.

Head coach Chris Morris said his team played hard, but was simply unable to put of offence when they needed to.

"The kids played very hard, but we just couldn't seem to answer some of the things that they had," Morris said.

"We were down near their end zone a couple times, and we had a few big plays, we had tons of yards, but we just couldn't seem to finish."

For the second straight week, the Bears had trouble containing a team's rushing attack, after UBC Thunderbirds' running back Brandon Deschampes racked up 176 yards on them last week, the Bisons finished the game with three different players gaining over 80 yards



BISON STAMPEDE The Manitoba Bisons dealt the Bears their fifth consecutive loss this past weekend.

on the ground. Alex Christie led the Bisons' attack with 103 yards on 15 rushes, Jamel Lyles totaled 92 yards on nine rushes, while Andrew Barry racked up 82 yards on 13 rushes, as well as a touchdown.

Morris cited the fact the Bears are banged up as a major reason for their struggles on defence.

"We've got a whole bunch of really young guys playing defence right now, because of the injuries we have," Morris said.

"We're a little young on defence, and that more than anything else has contributed to teams running the ball better on us over the last couple of weeks."

On the Bears side of the ball, quarterback Ben Kopczynski had a good day throwing the ball, despite the lack of touchdowns, throwing for 321 yards while completing 17 of 28 passes with one interception. His counterpart, Foster Martens, made his CIS debut on Friday,

completing 13 of 20 passes for 165 yards, without throwing a touchdown or interception.

Running back Ed Ilnicki turned in another solid performance for the Bears, rushing for 94 yards on 18 attempts, while first year Tylen Smith added another 84 yards on five attempts.

Jimmy Ralph led the Bears receivers with 152 yards on six catches, while Nathan Filipek added another 72 yards on two

catches. For the Bisons, no receiver had more than 50 yards or three catches, as Martens spread the ball around the entire game. Trysten Dryce led his team with 46 yards on three catches.

Despite the loss, the Bears are still tied for the final playoff spot in Canada West, as the Saskatchewan Huskies also lost this past week.

"It's always nice to be knocking at the door of the playoffs," Morris said.

"One of our goals was to make the playoff this year, and if we could do it, that would be awesome."

The Bears now face a tough test against the undefeated Calgary Dinos in the last week of the season. The Dinos have been dominant this season, and aside from an eight-point victory over the Bisons in week three, they haven't won a game by less than 29 points this year. The last team the Bears and Dinos met, the Dinos set a CIS single game point record, winning 80-18.

Morris said his team will have to be at their very best in order to compete with the Dinos.

"As a coaching staff we have to put (the team) in the best possible position to play fast and compete," Morris said.

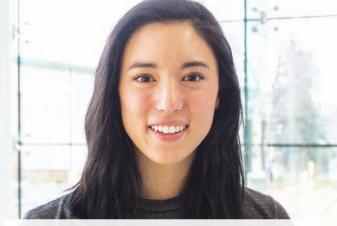
"Every little chance you have to make a play, you've got to have them against a team like Calgary."

There will be a fair share of scoreboard watching for the Bears this weekend, as the Huskies will face the winless Regina Rams, a decidedly easier matchup than the Bears have. If the Bears are able to beat the Dinos. then they will automatically qualify for the playoffs, regardless of the Huskies' result. If the Huskies were to lose their game on Friday night, then the Bears would also qualify for the playoffs, as they own the head-to-head tiebreaker by virtue of their 38-26 victorv in week two.

The last playoff spots will be decided on Saturday, as the Bears take on the Calgary Dinos at 1 p.m. at Foote Field.

# **ATHLETE OF THE WEEK**

WRITTEN BY Jamie Sarkonak



#### Kristyn Kurio

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**Medicine and Dentistry 4 Hometown: Lethbridge Team: Golf** 

Q: Do you remember your clubs?

A: I don't know if I remember exactly the clubs, but I do remember going out to golf as a family. The four of us would go out in the evenings and play nine holes, and (my brother and I would) get a cookie as well. **Q: When did you start competing?** 

A: I played on the high school golf team, and then in my undergraduate education in Calgary I played for one year on the U of C team. And then I continued throughout all four years of medical school. So this is my fifth year of playing at the university level and I played for four years in high school. **Q:** What's the weirdest thing you've ever seen on the green?

A: I've seen snakes on the golf course, little garter skates. Down in Lethbridge there's

rattlesnakes, which I've never seen but I know that some of the courses down there you have to watch out for them.

**Q:** What have you taken away from the team experience at the U of A?

A: I think the team is a lot of fun, and everyone's really nice, and we get along really well. I'd say that it's a group of students who are quite academic, and even though they're athletes they do quite well on average. It's good, it's a way to meet other people.

#### **Q:** What's the difference between playing at the university level and everything else you've ever played?

A: I'd say it's more competitive than high school was. And you get to travel; last weekend we were in Victoria for the Western Canada Golf Championship.

CHRISTINA VARVIS

### **Bears soccer seeking playoff success**

#### Zach Borutski

SPORTS EDITOR - @ZACHSPRETTYCOOL

If you said that the University of Alberta Golden Bears soccer team was the team to beat in Canada West this year, not many people would dispute you.

The Bears finished with an 8-4 record this year, placing second only due to a winless last weekend of the season, marking the only time this season they've lost consecutive games.

Head coach Len Vickery said his team's strong play has come down to their depth as a squad.

"The reason we've been able to do well is that we've been able to draw upon the full squad of players, not just the starting 11," Vickery said.

"For us to be doing well, it speaks to the strength of the squad, because we've been missing some key players in the lineup, but other (players) have stepped in and kept us moving in the right direction."

The Bears will host the University of Fraser Valley Cascades in their quarterfinal match. The Cascades finished third in the Pacific Division this year, with a record of 5-4-3. Despite the fact that they're hosting a lower seeded team, Vickery said that a win definitely isn't guaranteed.

"Each and every quarterfinal be very competitive," Vickery said. Vickery also noted that he

thought the Bears did have an advantage because they would be hosting a game.

"We won't have the extra hardship of having to travel to the coast and play a team that we haven't seen all year," Vickery said.

 "The reason we've been able to do well is that we've been able to draw upon the full squad of players, not just the starting 11."

> LEN VICKERY Golden bears soccer coach

The Bears have found success with a solid, all around game this year, as they lead the Prairie Division in goals scored, while also tying for the fewest goals surrendered.

Vickery highlighted the play of both Mohamed Teliani and Niko Saler as keys to his team's offensive production. "Both of (them) are featuring in the top of CIS when it comes to goals and assists," Vickery said.

Teliani finished the year with eight goals and 12 points overall, ranking him fifth in overall scoring in Canada West, while Saler led all of Canada West with nine assists on the year, to go along with two goals of his own, all from his left back position.

On the defensive side of the ball, the Bears were anchored this year by fifth year defender C.J. Gilroy, as well as Saler, and with defensive midfielder Tim Hickson currently sidelined with an injury, Vickery said that first year defender Cameron Sjerve has also been able to step into a more regular role on the team.

In terms of their approach heading into the playoffs, Vickery said that it isn't really much different than during the regular season.

"Each and every game, whether we have injuries or not, we want to set a high standard for ourselves, and approach each and every game in that consistent manner," Vickery said.

"Everything is in preparation to get it right on the day."

The Bears will host the Cascades this Saturday at Foote Field.







PLAYOFF BOUND The Bears will host their quarterfinal. JOSHUA STORIE

EARLY EXIT Pandas rugby went winless last weekend. RICHARD LIEW

## Pandas rugby fail to four-peat, finish fourth

#### Alyssa Demers SPORTS WRITER

For the first time in four years, the Pandas rugby team will not advance to the CIS National Championships. The three-time defending Canada West champions lost their semifinal game against the Victo-

Khatib added one as well.

"I always say it's easier to play defensive under pressure, rather than playing a good offense. So, even though we were only one score down at half, I know we were in a bit of trouble," said head coach, Matthew Parrish. "Its tough when you're playing what I first half. Even though the Pandas were able to mount a charge in the second half, with tries from Ali Wicklum and Amy Speers, they were unable to close the gap, and the Dinos held on for the win.

It was a surprising turn of events for the four teams, with the third and fourth ranked teams (the Vikes and the Pronghorns, respectively) battling in the gold medal game, with the Vikes rolling to a 50-17 win in the final, winning their first ever Canada West championship in women's rugby. \*NEW\* THE OFFICIAL SPONSOR

ria Vikes 26-20, and then also lost in the bronze medal game, 15-12 to the Calgary Dinos last weekend at Ellerslie Rugby Park.

The semi-final game against the Vikes proved to be an unforeseen challenge on Friday. The Vikes led throughout the game, boasting a superior offense and a quick, agile backline throughout both halves. The Pandas came tantalizingly close to taking the lead, firing back during the second half and scoring back to back tries before the game winning score was erased by officials due to a knock on that occurred earlier in the play. The Vikes would run out the clock, and hold on to win the game, and advance to the final.

Chanelle Edwards-Challenger was the focal point for the Vikes on offence, scoring three tries, while Gabrielle Senft added one of her own. For the Pandas, Julia Goss scored two tries, while Haley call 'chase ball'; you're basically relying on the other team to make a mistake."

#### "I have to hand it to Victoria, they are a good team. They came in to play early on, and hung on."

#### MATTHEW PARRISH PANDAS RUGBY COACH

The Pandas faced the Calgary Dinos, who had been upset themselves in their semifinal by the Lethbridge Pronghorns, in the bronze medal game on Sunday. It was another close game that ended in disappointment, knocking the Pandas down to fourth place, with a 0-2 record in the championships. The Dinos rode a strong first half to the victory, as they outscored the Pandas 12-0 in the Although a disappointing loss for the Pandas, Parrish ultimately remained optimistic and grateful for the girls hard work.

"I told them that I was very proud of them for almost getting ahead with five minutes to go in the second half," Parrish said.

"I have to hand it to Victoria, they are a good team. They came in to play early on, and hung on."

"I don't know anywhere else where you'd have the fourth team beating the first time, and the third team beating the second," reflected Parrish.

"You just wouldn't get that. I think it's good for our conference; it'll happen."

# **OF CUTE PANDAS**

#### Please contact via email

# Varsity sports roundup

# pandas soccer



The Pandas soccer team continued their strong play to finish out the season, winning both of their games to round out the 2015 season: 1-0 over the Thompson Rivers Wolfpack, and 3-1 over the UBC Okanaogan Heat. The Pandas first game against the Wolfpack was a tightly contested affair, with the only goal of the match coming off the foot of Julia Ignacio in the 27th minute.

Terri Kutryk led the charge for the Pandas in the second game of the weekend, netting her first two goals of the season in the first half. Morgan Corbett added the other goal for the Pandas. The Heat would pull within one in the 32nd minute, but Kutyrk would put the game out of reach in the 35th with her second goal of the match.

The Pandas finish the year with an 8-5-1 record, and will now take to the road to take on the Trinity Western Spartans this Saturday in their Canada West quarterfinal. — Zach Borutski



The Bears soccer team lost their grip of top spot in the Prairie Division this past weekend, losing both of their games this weekend to the Saskatchewan Huskies and the Lethbridge Pronghorns. The Bears' offence, which had been remarkably consistent over the course of the season, let them down on the season's final weekend, as they lost both games by a score of 2-0. Despite outshooting the Huskies 11-6, and the Pronghorns 12-10, the Bears still had no goals to show for their efforts at weekend's end.

The Calgary Dinos took over top spot in the division, handily winning both of their games against the Winnipeg Wesmen. Despite their two losses, the Bears will host a playoff game this Saturday, welcoming the 5-4-3 Fraser Valley Cascades to Foote Field. — Zach Borutski





**DISAPPOINTING DEBUT** The Mount Royal Cougars spoiled the Bears' banner raising with a 2-1 in on Friday night.

#### RUILIN FU

# **Cougars spoil Bears' banner raising**

#### Zach Borutski

SPORTS EDITOR = @ZACHSPRETTYCOOL

The Golden Bears hockey team raised their CIS championship banner on Friday night, but the Mount Royal Cougars weren't in the mood to celebrate, as they beat the Bears 4-2.

It was a lackluster effort from the Bears all around, as they only managed six shots on net in the first period, but were still able to enter the second leading 1-0, as captain Kruise Reddick took advantage of a wide open opportunity in the slot, wiring a shot past Cougars goalie Colin Cooper.

The lead wouldn't last for the Bears, as the Cougars took control of the game in the second period, outshooting the home team 10-4. The visitors were able to tie the game after taking advantage of a bad giveaway by Bears goalie Luke Siemens, as he put his clearing attempt right on the tape of sophomore forward Jamie King, who promptly deposited the puck into the yawning cage.

The Cougars were able to pull ahead under two minutes later, as Canada West scoring leader Tyler Fiddler broke the deadlock with a nice solo effort — weaving around two Bears defenders before firing a shot over Siemens' shoulder. The third period wasn't any kinder to the Bears, as they continued to be stymied by the Cougars' defence, and at the 14 minute mark, Tanner Olstad finished on a breakaway to push the Cougars' lead to 3-1.

The Bears were able to mount a surge after that goal, and managed to pull within one, as Rhett Rachinski banged in a rebound, but it was too little too late, and ultimately, King would add his second goal of the game on an empty net, to make the final 4-2.

Head coach Serge Lajoie was not pleased with his team's effort on Friday.

"We were a team that just wasn't ready to play," Lajoie said.

The Cougars outshot the Bears 19-10 through two periods, and only a late flurry by the home team made the shot chart at the end of the game close, as the Cougars still held the shot advantage, 28-26.

"He had 15 shots in the last 12 minutes, we had 10 prior to that, so I think we're dealing with a team that is searching for what it takes to be ready to play a full 60 minutes," Lajoie said.

"With the exception of the last 12 minutes, there's nothing in our game that I really enjoyed watching."

In the second half of the home-

and-home, the Bears bounced back with a much more spirited effort, outshooting the Cougars 34-21, but were held scoreless until the second period by an excellent performance by Cooper in net.

At 9:15 of the second period, the Bears were finally able to break through, as Rhett Rachinski was able to pick the puck out of a crowd in front, and fire it past an outstretched Cooper.

The pesky Cougars were able to equalize before the end of the period however, as Matt Bellerive was able to beat Luke Siemens with a seeing eye shot.

There was no scoring in the third period, but the Bears held the shot advantage once again, with nine to the Cougars' four. With less than a minute left in the third however, Tyler Fiddler took a high sticking penalty, which carried over into the overtime period. The Bears were able to capitalize on their advantage, as Jordan Hickmott fired a shot over Cooper's shoulder, salvaging a weekend split for the Bears.

The Bears will now take to the road to face the Saskatchewan Huskies, who sit atop Canada West currently, with a perfect 6-0 record. The Huskies rolled over the Regina Cougars last weekend, outscoring them 9-3 in their two games.

RUILIN FU





The Bears basketball team continued its tune up for the regular season this past weekend, as they hosted the 24th annual Golden Bear invitational. This year's tournament featured the Bears, Lethbridge Pronghorns, UNBC Timberwolves, and the Queens Golden Gaels. The Bears dominated the Timberwolves on Friday night, winning 99-45 on the strength of Mamadou Gaeye's 19 points. The Bears outscored the Timberwolves 19-4 in the first quarter, and never looked back after that, winning the game handily.

The Bears faced a decidedly tougher opponent in their second and final game of the tournament in the Gaels, who were able to ride strong second and third quarter performances from their team to an eventual 74-68 win. Once again, Gueye led the charge for the Bears scoring 22 points. The Pronghorns ended up capturing tournament gold due to a 83-56 drubbing of the Timberwolves, with the Bears and Gaels tied for second. The Bears start their season on the road against the UBC Thunderbirds on Nov. 6. — Zach Borutski

### **Busts and breakouts: 2015 NBA storylines**

coaching run-and-gun teams, but

#### **Steven Andrais**

SPORTS STAFF

A Tight MVP Race: Somehow, Stephen Curry has taken an MVP award and a championship and turned it into a bitter disposition. After spending an offseason listening to the media talk about the Warriors' easy path to the finals, he's ready to prove it wasn't a fluke. In Houston, James Harden is still making his case for MVP as if the decision could be reversed, add in a healthy Kevin Durant and the outside chance of the Pelicans finishing high enough for Anthony Davis to be considered and this turns into an exciting four man race. While Lebron James is still the best player in the NBA, I didn't consider him for this award since after five straight title appearances I would expect him to take a couple weeks off this season to rest. But don't completely count him out of the conversation either.

**(Possible) Train Wrecks:** The Sacramento Kings feel like they'll total 50 wins, or 50 losses with no real indication which way they'll go. They have a top-15 talent in De-Marcus Cousins, but a mismatch of coaching and talent to go with him. George Karl has had great success

with Cousins being one of the best inside forces in the league it's a decision that will either force Karl to change his coaching style, or for Cousins to adapt to a style unsuited for his strengths. Their signing of Raion Rondo doesn't make much sense to me, as his cons outweigh his pros at this point. In addition it doesn't seem to be a fit stylistically either. When you have one of the best low post players in the league you don't need Rondo's penetration and passing to get him looks. Instead it would have made more sense to try to trade for a guard like Patrick Beverly who's a better defender than Rondo and can catch and shoot when Cousins passes out of double teams.

More Small-Ball: With a growing emphasis on space and three point shooting, more and more small forwards will find themselves spending at least a little time playing the power forward position. Indiana is perhaps the most notable example, where they ditched their big bruising front court of Roy Hibbert and David West in favour of playing Paul George at the four. While this strategy isn't fool proof, especially against some of the bigger and stronger power forwards in the league like Anthony Davis, if used correctly it can exploit speed mismatches and open up driving lanes for other players. With an almost unanimous acceptance of shooting three pointers and getting the ball inside expect even more three pointers this year.

OKC Thunder: I'm not advocating cheering for the Thunder. Don't. But they're a team you've got to keep tabs on this year. With Kevin Durant in his final year of his contract, it'll be impossible to escape the constant media speculation over where he's going in the offseason. Personally, I agree with Zach Lowe from Grantland's assessment of him signing a one-year deal with the Thunder after this season because it allows him to get more money with the rising cap the following season, and coordinate his free agency with teammate Russell Westbrook in 2017. Aside from the drama surrounding Durant, long time collegiate coach Billy Donovan has taken over the reins from Scott Brooks. With Westbrook and Durant in the hands of a much better tactician the possibility for exciting plays and more dominant performances is definitely a possibility.



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# Mets and Royals: Some facts you may not know

#### Zach Borutski

SPORTS EDITOR - @ZACHSPRETTYCOOL

With the 2015 World Series already underway, I doubt many people predicted a Mets-Royals matchup at the beginning of the season. Here are some interesting facts about both teams in the World Series.

This is the first World Series to feature two teams from the expansion era: Here's a fairly mindboggling fact: This is the first ever World Series to not feature an original team from MLB's inception. In other words, every World Series up until this one has featured a team from when the first World Series was played. Before 1961, the league featured the same 16 teams it had when the first World Series was played in 1903. The MLB is a league steeped in tradition, so it may not surprise you to know that it didn't expand until it had been a league for over 60 years. In 1961, the Los Angeles Angels and Washington Senators (now the Texas Rangers) joined the American League. A year later, the New York Mets and Houston Colt .45's (now the Astros) joined the National league. The expansion was completed in 1969 when the Kansas City Royals and Seattle Pilots (now the Milwaukee Brewers) joined the National League, and the Montreal Expos (now the Washington Nationals) and the San Diego Padres joined the National League. Since then, these teams have enjoyed their share of successes, but this is the first year where a World Series will be contested between two teams that didn't exist when the first World Series was played in 1903.

Both teams have had some great luck in the World Series: If you're a Mets fan who was old enough to watch the 1986 World Series, then chances are you're familiar with Bill Buckner, and probably have wanted to thank him for essentially handing the Mets their victory that year. Buckner, then playing for the Boston Red Sox, allowed a slow roller off the bat of Mookie Wilson to roll through his legs in a tie game in the bottom of the tenth inning, with his team leading the series 3-2. Thanks to his error, the Mets scored the winning run, and went on the win game seven. 2015 is their first appearance in the World Series since then. A year earlier, it was an all Missouri matchup in the World Series, as the Kansas City Royals

were matched up against the heavily

favoured St. Louis Cardinals. Much

like the Red Sox-Mets series a year

later, a single play would turn the

series around. With the Cardinals

leading 1-0 in the ninth inning of

game six, Jorge Orta led off the

inning with a grounder to first, as Cardinals first baseman Jack Clark flipped to pitcher Todd Worrell who was covering first, it appeared that Orta was out, however, first base umpire Don Denkinger famously called Orta safe, citing that Worrell was off the bag. Replays would later show that Worrell foot was indeed on the bag, and the Royals would go on to rally to win the game and tie the series at three wins apiece.



The Cardinals then imploded in game seven, losing 11-0, allowing the Royals to win their first and only World Series.

These teams have only played each other nine times before this: You'd think they would have played more times considering interleague play has been around since 1997, but the Mets and Royals are two of the most unfamiliar teams to each other in the entire MLB. In fact, the Mets have only played one team fewer times than the Royals, that team being the Chicago White Sox. The Royals meanwhile, have matched up with the Mets the fewest times in their franchise history, tied with the Los Angeles Dodgers and the Philadelphia Phillies. Only time will tell if either team has an edge in the series, but watching two teams play that are so unfamiliar with each other will be fascinating to say the least.



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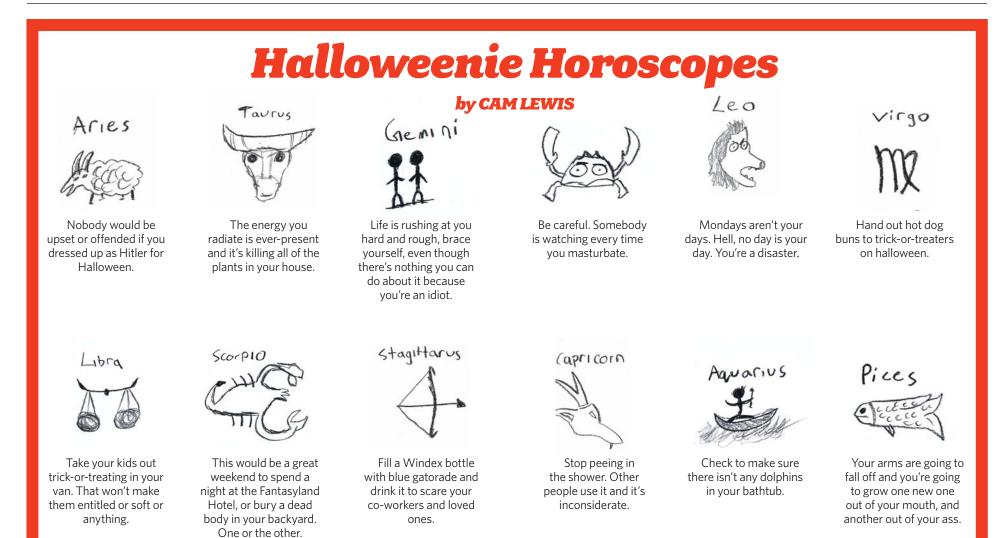
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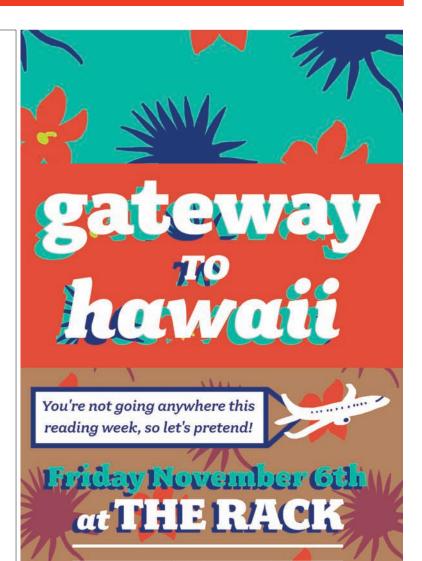
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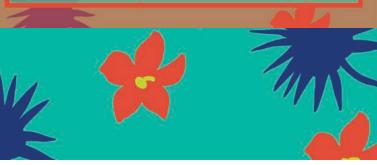




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